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A

Book of
Medical Receipts

In Six Parts

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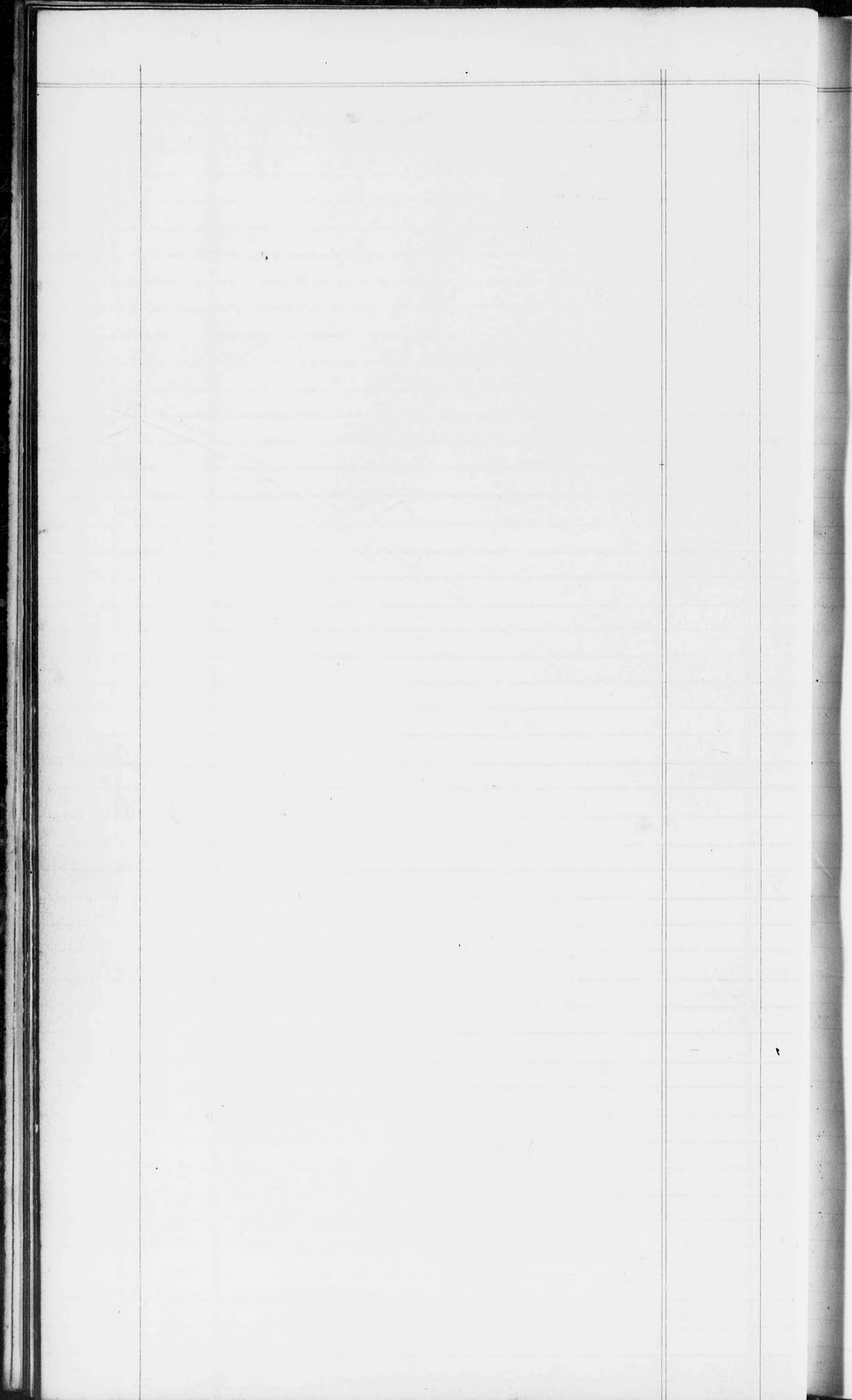
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Receipts for Making Syrups

For Consumption Cough

Take 2 handfuls of Maple lung wort 1 1/2 handfuls of white oak liver wort 1 handful of hyssop 1 handful of liqueish 1 handful of heart houn & 1 handful of peneroyal boil these together in one pailful of water untill the liquor is reduced to 2 quarts add to it one pint of jamaica rum & 1 pint of scilmo clafes let the patient take of this liquor 6 or 7 glasses a day if after this the cough should continue a syrup may be used of the following descriptions. Take 1/2 lb of white Solomon Seal root 2 lb of Hogbrake root 1/2 oz of assart 1/2 peck of alder tops boil these together in one pailful of water till the liquor is reduced to a quart add to it one quart of India Rum sweeten it with sugar of it will be proper to take 3 glasses in a day. If this should not have the desired effect & the cough should still continue take 1 pint of wood Sorrel juice & add to it one pint of new English rum & sweeten it with ^{white} sugar let the patient take of this liquor 5 or 6 glasses in a day.

Doctor Buttons

Bleeding of the Lungs.

Take one quart of good Brandy ^{White} Brandy and put into it one half lb of Buckthorn bark root after it has steeped some time it coagulates & appears like the white of an egg let the patient take of the liquor one glass at a time 4 times in a day or if the patient cannot bear a glass at once take one table spoonful once in 24 minutes This I can pronounce almost an Infallible if daily persisted in It is likewise in a cough & weakness of the stomach. But if this should not effect a cure The patient may drink of the expressed juice of broom tail it is the second growth of fire weed or Butchers broom one half glass in a day or take in substance 1 tea spoonful of the pulverized root of bistol or Loaf sugar.

To carry off Scurvey and Rheumatis

Take Butternut bark of the root Pinces Pine roots Coltsfoot stalk root a handful of each put in 2 quarts of water boil it down to 1 quart sweeten it with white sugar put in it a half pint of brandy.

Dose 1/2 gill 3 times a day.

Rheumatism or Hip Gout.

Take Black Cherry bark of the root Burdock Elecampure Horser Radish roots
a handful of each 1 table spoonful of Mustard seed pound and put
them in a stone pot take 2 quarts of cider and foil in an earthen skin it
well pour it on the roots cover it close let it stand till cold.

Dose a gill 3 times a day.

A Cure for the Glanders.

Black Cherry Bark of the east side of the tree Sweet Apple tree bark of
the south side of the tree White Wood bark of the root on the south side
Black Alder bark burned to ashes put into cider.

Roots of Pipperstem Osier Chopped fine without washing 1 peck Loaf sugar
2 lb Cogniac Brandy 1 qt Boil the roots till the strength is out separate
them from the liquor let it stand till it is settled pour off from the
sediment and boil down to 3 quarts add the sugar and when cold add
the Brandy.

Dose a wine glass 3 times a day.

Gyarrow Rhubarb Queen of the Meadow Senecio snake root
Parsley root Maiden hair

Cherry bark Barberry root yensing Mountain ash Rhubarb
balm Flowers angelica root or seed Marigold flowers

Balm Gilead Sirup

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Take a half a pint Balm Gilead buds bruise put in a quart of water Simmer it in pewter Strain it and sweeten it with Loaf Sugar add 1 gill of French Brandy
Dose. A quarter of a gill three times a day

A Sirup for Consumption

Take Sumach Bark of the roots Wild Indigo Roots White Nettle roots the inside Leaves of Mullen & the inside Bark of White pine. A handful of each Make into a sirup the usual way — or it may be taken in the manner of tea.

An Indian Medicin for the Rheumatism

Red cedar tops, Black cherry bark, Black ash bark, Black alder bark, Princes pine, 1^{lb} of each, put in a pint full of water boil it smoothly then strain it off simmer it down to one quart, add one lb of brown sugar one pint of spirits take a half gill every morning.

N.B. This is too stout for common people, so we take the same by adding hops, make a half barrel of beer sweeten it with molasses work it with emptyings, then drink it freely

Palpitation of the Heart

One teacup full of double tany one $\frac{1}{2}$ a teacup of Pure to one qt. of rum

Dose one $\frac{1}{2}$ a gill 3 times a day

Diapentery

One quart of strong vinegar a pound & a half of Loaf sugar simmer them together twenty minutes will do if the patient be an adult. The bowels must first be cleansed with an ounce of gluber salts mixed with two grains of tartarised antimony one spoonful of the syrup is to be given every hour night & day for 24 or 36 or 48 hours. (A less quantity for a child)
(Or seldom fails of curing in 24 hours)

Syrup for the Rheumatism.

Butternut Bark Cedars roots Black Cherry Bark Princes Pine a hand full of each put all into 4 qts of water boil it down to 2 then strain & sweeten it and add spirits to it.

Dose $\frac{1}{2}$ a gill 3 times a day.

Common Consumption Syrup.

Take 4 oz of sweetened Elder Bark 4 oz of Dogmacamash 2 large Wild Turnip roots 1 handful of Camomile 1 handful of Brook Lime 4 oz of White Ash from the north side of the tree 1 lb of Pulvins 1 lb of Nettles Root 2 lb of ground Ivory boil these together in 2 pails of soft Water strain out the liquor ^{and reduce down} to 2 qts add to it 2 qts of Holon Gin sweeten it with Maple sugar of this liquor let the patient drink $\frac{2}{3}$ of a glass 6 times in a day If the patient be attended with much cough it will be necessary to promote expectorations & check the cough.

For this purpose see consumption cough

Doctor Buttons.

Syrup for the Dropsy

Take 1 pound of green Nettle root sliced up to 6 qts of water simmer it down to 3, half a pound of honey or Molasses.

Syrup for a Cough.

Take Elecampane Roots 2 lb bolts foot & Soap a single handful of Comfrey roots 4 lb put into 3 qts of water boil down to 1 qt then strain it off & add 1 pt of gin sweeten it with honey

Dose a wine glass 3 times a day fasting

Strengthening Syrup.

Take Mace $\frac{1}{2}$ of an oz Cinamon $\frac{1}{2}$ an oz Cloves $\frac{1}{2}$ an oz Orange peel 1 oz 2 oz figs and 4 oz of Raisins put them into 1 qt of West India Spirits with $\frac{1}{2}$ pt of safe Molasses.

A Syrup for the Hooping Cough.

Take a 4 lb of Sarsaparilla roots wash them clean put them into two quarts of spring water & boil them to one quart then strain it thro a clean cloth & add 4 oz of honey & 3 of liquorice ball

The patient is to take a table spoonful three times a day & be kept warm

Sirup for Weakness in the Back & kidneys

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Take white pine buds spruce pine roots Yarrow Comfrey
Buck thorn Bramble root Huckleb Smellage roots a handful of
each Boil in three quarts of spring water till reduced to three
pints Then strain it off & sweeten it wth add $\frac{1}{2}$ a pint of French
brandy Dose $\frac{1}{2}$ a gill 2 or 3 times a day

Sirup for Consumption

Take Lucern of the Meadclow Burdock roots White elder roots
Teach twigs a single ^{handful} of each Put it into 4 quarts of water
& boil it till it is reduced to 2 quarts Then strain it &
sweeten it with brown sugar wth add 1 quart of rum Take a
wine glass 3 times a day fasting

Sirup for to purge the Blood

Take two oz of cereca put into three quarts of water and boil it
down to one quart. Then strain it off and add one oz of cream tartar
one oz of salts Dose $\frac{1}{2}$ a gill three times a day

Sirup for the Liver Complaint

Take one handful of Juniper berries 1 of noble horewort 1 of white elder
roots 1 of robin's plantain 1 of burdock roots 1 of rosemary put these all
together then powder two Quarts of boiling water on them & simmer it
away to three pints; then strain it off & let it stand till cold; then add
 $\frac{1}{2}$ a pint of rum & half a pint of molasses Dose $\frac{1}{2}$ a gill 3 times a day
before eating

A sirup to Cleanse & Strengthen the Stomach

Take Elecampare Angelica Rheubarb wandelion & flower Delisee roots
peach tree leaves Bread John's wort tops. A small handful of each made
into sirup the usual way Dose $\frac{1}{2}$ a gill 3 times a day. And make a tea
of beggars tree and bark of the roots or the roots of Hesperis vine for
common drink And for a change let him have a tea of crop wort.

Sirup for the Rheumatism.

Take 2 lb of Bittersweet roots ^{each} 1 lb of Sarsaparilla roots
1 lb of the inside bark of black birch 1 lb of sweet fern twigs 1 lb
prickly ash bark put all into 4 qts of water & boil it down to 1 strain
the liquor into a pewter vessel add 1 qt of rum 1 pound of loaf sugar
simmer till all the steam is raised strain it off when cooled bottle it for
use Take a $\frac{1}{2}$ a gill 3 times a day 1 hour before eating untill the disorder is removed

A Syrup for the Consumption.

Take 2 double handfuls of dried horse pound & boil it well then take out the herbs & add of Elecampane & Comfrey a double handful of each & the same quantity of Heart's leaves when they are well boiled take out the herbs & add 1 gallon of honey & boil it down to the consistence of honey then to every qt of the syrup add a table spoonful of dried Indian Turnep in powder stir them well together

Dose table spoonful morning & evening. In the course of the week you may take 3 spoonfulls a day 1 morning noon & night. The diet must be small broth poultry beef or mutton. Abstain from hog meat or sweet milk Butter milk or any kind of yurd. Take a gill of ray milk & a half a pint of fresh spring water mixed together & drink night & morning. If the patient is costive let him take 1 of Andersons pills a day.

Syrup for the Asthma.

Take 1 oz of black cohush a double handful of Sunflower & one oz of pepper roots 2 oz of horse reddish roots 3 oz of beggar lice roots & herbs put them into 3 qts of water Boil it down to 1 pt add honey enough to sweeten it then take a table spoonful 4 times in 24 hours.

A Syrup for the Jaundice or inclining to the Catarrh in the stomach

To a gallon of spring water add 1 handful of Elecampane Infuse 1 pound of Oyster shells made into lime

One handful of Dandelions
do. - do. - do. Black cherry bark
do. - do. - do. Water Creep.
do. - do. - do. Brook liver wort
do. - do. - do. Burdock roots
One pint of good gin sweetened
with a 1/2 a pint of M. cluses.

Syrup for the Rheumatism

Take butter nut bark of the roots Culver roots White root wild turnep & Annis seed 1 handful of each put into 1 gallon of water & boil them in an iron pot untill there is but 2 qts then strain it off & sweeten with insclases for use.

Syrup for the Cramp.

Take Johns wort sweet majoran melarian Rose mary Saffron
May weed & sweet flag add a pint of rum.

Syrup for the Diabasis

Make a Decoction of lime water, take Comfrey & red roses
pomegranate rinds Oak bark & such like astringents
Dose a 1/2 a gill 3 times a day with 3 grains of perilla bark.

Syrup for the Gravel.

Take gravel root (or green of the meadow) Rushes, Flowers, Slippery Elm bark
blacken root hag brake root spice bush Gool wort Blue violets & small
handful of each. Make it into syrup or a common beer drink freely
Take a teaspoonfull every day of the juice of red onions & mountain mint.

For Astringent Syrup

The rock polly pod Box wood buds Wild margerom - Clove wort
Elder flowers - Noble Licewort - White clauzy - Turkey
rhubarb - Red wood - High cent-aury - Maidenhead -
Bass wood berries - Bitter plantain - Flowers of the meadow
Queen of the meadow - Amis seed - Siquoria & send Take
a handful of each of the foregoing and infuse them in a
gallon of water till it is evaporated to three pints then add half
a pint of gin & molasses enough to make it palatable
Dose 1/2 a gill 3 times a day

Syrup for the Consumption

Take one handful of tame Nettles roots & tops One handful
of pitch pine mops one handful of Elecampone roots one
handful of Garden coltsfoot roots & tops and put them into one
gallon of water & boil it down to 1/2 a gallon then strain the
liquor

For a sour Stomach

Take a few strips of prickly Ash bark put it into a pint of cold water
& take a spoonfull morning & night. You must not eat Apples nor drink Cider

A Syrup to Cure Humors.

12th White pine bark clear of rofs 12th White Ash bark
 12th Butternut bark of the root. 12th Black Cherry bark
 12th Green Mandrake or half the quantity if dry. Cut fine and
 Boil all one day strain & let it settle over night: Then boil all to
 6 qts Add the same quantity of Molasses, as you have of the Liquor
 After it is boiled down. & a small quantity of spirits to keep it
 from fermenting. Dose a gill 3 times a day.
 This must not be publish to the world

Mr. Worms Syrup

Butternut bark of the root sweet elder bark white ash
 bark. 4 oz of each root poppy capsula peppermint herb,
 rice, saffron, and peony flowers, each 2 ounces. Boil & get
 the strength give it time to settle boil again until it is
 as thick as honey. to each pint add 2 ounces of socotrin also
 one gill of molasses one table spoonful of black pepper.
 Dose for a child 7 years old 2 teaspoonful night & morn.

A recipe For Making Good Wine

3 Gallons of water to one of the expres juice of the fruit add
 4 lbs of sugar let it stand one week or longer if necessary skim
 every day In the course of eight or ten Months it will
 be ready to draw off.

Cough Drops

2 table spoonful spirits of nitre 2 do Antimonial wine
 1 do tincture of digitalis 2 teaspoonful balsam peres dissolve
 half an ounce extract of Liquorice in a gill of boiling water
 saturate well with loaf sugar when cold mix (and add one
 table spoonful of Paregeric)

Dose one teaspoonful - 4 or 5 times a day.

Recipe For Making a Genuine Article In the line of a Syrup

Pink roots Red rose bark Sweet fern bark Butternut bark
 Sassaaparilla Roots one handful of each sort Boil in two
 quart of water to one sweeten with loaf sugar add a
 half a pint of Gin.

Dose half a gill three times a day.

Indian Syrup

M A Receipt for curing the Scrofula
 Take 4 single handfuls of sassa-parilla

- Do. 1 do - - - - - Barbary Bark
- Do. 1 do - - - - - Prickly Ash Bark
- Do. 1 do - - - - - Garden Comfrey
- Do. 1 do - - - - - Spignard
- Do. 1 do - - - - - Dandelion Roots
- Do. 1 do - - - - - Princes Pine
- Do. 1 do - - - - - Double Solomon Seal
- Do. 1 do - - - - - Burdock Roots

Add to this 3 qts of water boil down to two qts add
 1 1/2 lb of brown sugar. 1 pint of New England Rum.

M Take a wine glass half full 3 times a day
 1/2 an hour before eating. In hopes of a cure

A Remedy for the Epilepsy
 or falling sickness by

R. David Miller.

M ^{thirsty}
 Drink a tea of Black Nettle root

- R. 1/2 oz. skunk cabbage root
- 1 do. Sculpin
- 1/2 do. Ladies Slipper
- 1 1/2 do. Peony Root
- 1 do. Black Cohosh root
- 1 do. Sassafras Bark
- 1 do. Melancholy Root
- 1 do. Coriander seed

M The above is to be made into a syrup and taken
 3 times a day on an empty stomach Dose a wine glass full.

10 Prescriptions to relieve people of fits

- ℞ 2 - oz. Shank Cabbage Root
- 2 - do Ginger - do Unicorn
- 2 - do Wild Helianthus -

Put the foregoing roots in 2 quarts of wine
Drink 3 wine glass full in the course
of a day

To Make a Syrup for a weak back

- ℞ 1 ounce Spikenard root do Solomon Seal
 - do Gentian do Wild Cherry Bark
 - do Peach root Boiling water 4 pints
- simmer to one pint Add native wine
4 pints macerate for 7 days filter & add
loaf sugar 2 ounces.

The following is for the dysentery

Take fresh garden carrots grate them fine
put them in a linnen cloth immerse them
in water just enough to wet them thro' press
out the liquor sweeten with loaf sugar
take one gill of this liquor for a dose if one
dose should fail to cure take another

℞ The patient must be plentiful
This is as certain a cure as any

For Weak Eyes

℞ Make a strong decoction of camomile boiled in new milk,
with this let the patients eyes be bathed several times a day,
as warm as can be borne without pain. Persons almost
blind have been cured by this prescription

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Lobelia.

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Lobelia is of great value in preventing sickness as well as curing it. By taking a dose when first attacked by any complaint it will throw it off and frequently prevent long sickness. It not only acts as an emetic and throws off from the stomach every thing that nature does not require for the support of the system, but extends its effects thro all parts of the body. It is searching, invigorating & quickning, and has great power in removing all obstructions. But it soon exhausts itself and if not followed up by some other medicine, is unable to hold the vital heat till nature is able to support itself by digesting the food it will not be sufficient to remove a disease that has become seald.

It clears all obstructions to the extremities without regard to the name of the disease untill it produces an equilibrium in the system and will be felt in the fingers & toes producing a prickling sensation. This symptom is alarming to those unacquainted with its operation; but it is always favorable, being a certain indication of the turn of the disorder, and the patient generally gains in health from that time. In regard to the quantity to be given as a dose, it is a matter of less consequence than is imagined. The most important thing is to give enough to produce the desired effect; if too little is given, it will worry the patient, and do little good; if more is given than is necessary the surplus will be thrown off and it will be a waste of the trash!

Directions.

To prepare for a course of medicine, let the patient place his feet in hot water, & drink freely of Composition and herb tea, untill an easy & free perspiration is induced, & the veins in the hands are full.

Then take an enema composed of a tea of Lobelia & raspberry leaves sweetened with molasses, which should be retained as long as possible.

Then take the Lobelia and some warm tea, either Scull-cap or Penny-royal. In about fifteen minutes take another dose, and so on, untill enough has been taken to cleanse the stomach. If the stomach is sore take a little weak lye. If the patient should purge hard and the stomach be cold, drink freely of composition or herb tea, or take a little number six. Take a little crust-water or milk porridge 2 or 3 times during the operation of the medicine.

Portions

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From page 44

For a dose of *Sobelia tinctoria*, from a tea-spoon to a table-spoonfull in a little herb-tea.

Of the green herb pulverized, one or two table-spoonfull steeped in a gill or half a pint of water, is sufficient for an emetic, divided into three or four portions, & if the patient prefers it sweetened, he may have it sweetened with molasses.

If the the herb & seeds are mixed, it will not require as much, as the seed is more powerful in its operation.

In some obstinate cases it may be proper to resort to the seed alone; if so a tea-spoonfull is sufficient for a dose, mixed with molasses.

Brookland 1855

A recipe to stop or prevent Mortification

Dissolve one ^{table spoonfull} salt with one gill of alcohol and a few slices of white spanish castel soap warm it & bathe the affected part

N.B It will arrest it in an instant

I have received the foregoing recipe from an aged friend by the name of Eli Porter

R. — Poplar bark, Bayberry bark, one lb each
 boil in 2 gallons of water, strain add 7 lbs
 good sugar, scald & strain add $\frac{1}{2}$ lb pulverized
 peach meats or the same quantity of cherry stone
 meats when cool add 1 gallon good Brandy
 keep it in bottles for use. Take a half a wine
 glass of it twice or thrice a day. It is very good
 to strengthen the stomach & bowels, & restore
 weak patients.

The foregoing recipe
 come from the west.

Salt Rheum

R. — Take Poke or Socke any time in the summer
 bruise the leaves & obtain the liquor, strain in a pewter
 basin set in the sun until it becomes like a salve
 then put it in a mug or any earthen vessel add fresh
 butter enough to make an ointment of common consistency
 Simmer the whole over the fire keeping it constantly
 stirring until it is thoroughly mixed. When cold rub the
 part affected three daily until the cure is complete which
 will be in the course of 4 or 5 months.

Cure For The Piles

R. — Take 3 ounces of pulverized alum &
 place it in a belt made of cotton drilling 2 inches
 in width, & wear the belt around the body
 above the loins. It should be worn next to the skin.
 The operation is slow, but certain.

Recipe for White Swellings & Blisters

℞. Take copperas, blue stone, alum, table salt, and flour of sulphur, of each the size of a pea, put them into a fair vial, & fill it with strong apple vinegar, Digest 4 hours or less it is fit for use.

It to be applied to a bone felon on the finger, the skin is to be pared with the razor, the vial being well shaken; wet lint and apply it 3 times a day.

It will instantly relieve pain take out the fever & effect a cure. If a sore leg, the sore must be washed twice a day with castile soap, then apply the wet lint. Most bruises & diseases of the flesh may be benefited & generally cured, it is said, by this application.

Lotion For Cutaneous Eruptions.

Sulphuret Potassium 1 dram
Soft Soap 2 drams rectified & runny dissolved
It is one excellent remedy for the Itch it
leaves but little smell & does not soil the linen.

Scald Head

R. Sift on powdered charcoal when the head is moist, but if the head is dry moisten it with fresh cream; to be dress'd twice in 24 hours.

Recipe for the cure of Felon.

Take a piece of rock salt, about the size of a butternut & wrap it up closely in a green cabbage leaf, but if not to be had in a piece of brown paper, well moistened with water.

Put it on embers & cover it up so as to roast; when it has been in about 20 minutes, take it out & powder it as finely as possible.

Then take some hard soap, & mix the powdered salt with it, so as to make it a salve. If the soap should contain but little turpentine none need be added. Apply the salve to the part affected, & in a short time it will totally destroy it & remove the pain.

Another Sure remedy for a felon.

R. Take 1 pint of common soft soap stir in well slacked lime untill it is of the consistency of glaziers putty. Make a leather thimble fill it with this composition & insert the finger therein & a cure is certain.

What a pity to be afflicted when we have so many sure remedies. P. J.

The first of these is the fact that the
 number of the series is much less than
 the number of the series of the
 first series. This is due to the fact
 that the first series is a series of
 the first series. The second series is
 a series of the second series. The
 third series is a series of the third
 series. The fourth series is a series
 of the fourth series. The fifth series
 is a series of the fifth series. The
 sixth series is a series of the sixth
 series. The seventh series is a series
 of the seventh series. The eighth
 series is a series of the eighth series.
 The ninth series is a series of the
 ninth series. The tenth series is a
 series of the tenth series. The eleventh
 series is a series of the eleventh series.
 The twelfth series is a series of the
 twelfth series. The thirteenth series
 is a series of the thirteenth series.
 The fourteenth series is a series of
 the fourteenth series. The fifteenth
 series is a series of the fifteenth series.
 The sixteenth series is a series of the
 sixteenth series. The seventeenth series
 is a series of the seventeenth series.
 The eighteenth series is a series of the
 eighteenth series. The nineteenth series
 is a series of the nineteenth series.
 The twentieth series is a series of the
 twentieth series.

To Make A fine White Bird Soap.

One lb concentrated lye, 5 lbs grease & a quarter of a lb of borax, a teaspoonful of salt, makes the soap firm & hard. The lye should be put into 2 qt of water & left to settle, & when clear poured into the boiler; then add the fat & borax boil 2 hours & ten minutes. When the soap is done it looks shready when dopt from a knife.

A Recipe for preparing Glycer

In a wide mouthed bottle dissolve eight ounces of best glee in half pint of water, by setting it a vessel of water and heating it till it is dissolved.

Then add slowly, constantly stirring $2\frac{1}{2}$ oz of strong aquafortis (nitric acid.) Keep it worked and it will be ready for use.

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A Receipt for Bleaching Cotton Cloth

Firstly boil the cloth in weak lye, rinse in clean clear water. It is said that one pound of bleaching salts is sufficient to bleach ten pounds of cloth. Put one pound of salts into a pail full of cold water stir it well until the salts are all dissolved, add a little oil of vitriol, stir again now let it stand until it settles. Draw off the liquor add cold water sufficient to cover the cloth.

Place the cloth in the liquor cover it close with boards & keep it well saturated or it will rot. (it must be kept under the liquor) Let it remain twelve hours wring it out take cold water enough to cover the cloth, add oil of vitriol until it is as sour as good vinegar put in your cloth & let it stand as above stated let it stand 12 hours. It is now ready to be well milled in cold water until it is clean. Thro' the whole process it must be kept from the air if not the cloth will be injured.

The Launderers Friend

R. - - - Take 14 gallons soft water in a clean Kettle add 12 lbs Soda Ash & lbs full strength lime & boil 2 hours till the strength is all gone let it settle & dip off all that is clear. Clean the Kettle return the alkali & eight lbs white resin boil till dissolved add eighteen pounds tinned grease & boil 2 hours dip off by measure & water 32 gallons if wanted for soft. If hard add no water but cool in pans & dissolve when used.

N.B. When these directions are fully carried out washing will not be a task - but a pleasure.

Dr. Keil's Biliary Symp.

Aloes eight oz.

Wild or garden Sassafras leaves 4 oz.
 Myrror, Cinnamon, Cloves, Ginger
 & Saffron each an ounce.
 To be pulverized separately & then mixed.

Receipts for Making Tinctures and Drops.Tincture of Fox Glove.

Take one oz of the leaves powder them fine and put them into a gill and a 1/2 of rum and as much water infuse in a warm place till the strength is out then strain it off. NB when the month come about stop a few days put in five drops of liverwort take it in box wood tea.

Dose 15 drops the first night and add a drop every night untill it sickens the patient very much then stop a while and if need give a purge

Tincture of Scene.

Take Scene consider perhaps cream of tartar of each 1 oz infuse them in a pint of french brandy and 4 oz of sugar

Tincture of Hierapicra

Take allas 4 oz of white cornell commonly called Winters bark 1 oz powder the alces and bark seperately add to it, brandy and let it steep 14 days frequently shaking the bottle then strain off the tincture

Tincture of Herb.

~~Take Cinnamon Mace Clove Ginger and Saffron in rum ground.~~

Cough Drops.

Take 1 pint of dried stagger claws bruised 3 oz of blood root 6 oz of pitch pine mofs 1 oz of the leaves of Lobelia 2 lb of Dried Wood Bark 4 oz of Boneset 2 oz of Fox Glove boil them till the strength is out then strain it off & reduce to 2 qts then add 1 quart of strained Honey and 3 pints of St Cruise Rum simmer and skim it till it is clear Add before simmering at the rate of 1 oz of Sal Sado To a gallon of the drops After it is clear and white it is cooling Add 3 oz of Sandalwood to the Gallon When it cool Bottle and cork it tight and keep it in a cool place

Dose 60 or 100 drops once in three or 4 hours or less as frequent the case may

require.

178 Tincture For Indigestion

Take 1 quart of Lisbon Wine put in 4 oz of peruvian bark and 3 oz of steel dust 1 oz of Ginger take a Wine Glass full 4 times a day at Morning Noon & Night. And before going to bed instead of tincture of Coptis put 2 teaspoonful of Stearacis in water & take it before going to bed and to release the stomach if oppressed with wind give a teaspoonful of Ether in Water

Cure for Humors.

- 12 lb White Pine bark Clear from rofs
- 12 lb White Ash bark
- 12 lb Butternut Root Bark.
- 12 lb Black Cherry Bark

12 lb Green Marsbrooke or half the quantity if dry
Cut fine and boil it 1 day then strain it off and let it settle over night then boil it down to 6 quarts Add the same quantity of Molasses as you have of the liquor after it is boiled down and a small quantity of spirits to keep it from fermenting.

This must not be published to the world.
Dose a gill 3 times a day.

Tincture for the Relax in the Bowels

Take 2 oz of Clove wort root bruised to one pint of French Brandy.
Dose 1/4 of a gill of water sweetened with loaf Sugar 3 times a day.

For Rounding in the Ears

A spoonful of red ash soap a spoonful of vinegar and a spoonful of Brandy simmered together fill a pipe with tobacco put the stem in the ear blow upon the bowl till the tobacco is burned out. drop 6 drops of the oil into the ear then stop the ear with wool

Cure for corns yellow & stone bruises

Gunpowder Window glass powdered fine bees gall & Hogs marrow. equal quantity of each wet with vinegar & made into a salve

Rheumatic Drops. No. 6. or Vegetable Oiler.

One gallon of French Brandy add a pound of gum myrror
 finely pulverized 1 ounce Cayenne pepper.
 To be well shaken once a day for a week. When it is fit for use
 Let the grounds ^{remain} in the vessel until the liquor is used out
 To be applied both externally & internally
 for colds and those racking Rheumatic pains.

No Recipe for the cure of Diarrhoea

Took half a pint of rice, until it is perfectly
 brown, boil it down as usually done, & eat it slowly
 it will check if not entirely stop the most violent
 diarrhoea in a few hours.

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Part 3rd
Receipts for Making Bathes, and Phthiasis.

Rheumatic Phthiasis

Take Butternut bark of the root peel it down make a strong liquor of it add $\frac{1}{2}$ an oz of Annis seed White root and wild turnip $\frac{1}{2}$ oz of each the 2 last should be added after the boiling over sweeten it with Loaf Sugar then add 7 drops of Annis oil and a $\frac{1}{2}$ a gill of rum this quantity is to make 7 gills.

Opodeldoch

Take Oil of Lavender Hartshorn Peppermint Oil Hemlock Oil Penesoyal Oil Camphore Gum White Spanish Soap. Put all together and let it simmer. In Spirits

To Take The Film From of The Eye

To one pint of lime water put half an oz of verdigrease finely powdered and set it on hot ashes for an hour; strain it and put it into a bottle well stopp'd for use. Wet the speck 3 times a day with a fine hair brush untill it is taken off and use my eye water in order to strengthen the sight

P. M. For a Puke. by P. M.

Epicas Bloodroot Lobelia. Equal parts these powders put into wine enough to cover let it stand 2 or 3e days then strain it off add more wine let it stand 2 or 3 days more strain it off add more wine again let it stand 2 or 3 days more the strength will be out put the liquor together in a bottle cork tight begin with a table spoonful.

Phthiasis.

Spearmint Maudrahe Creumtartar Equal parts Mix well
Dose a teaspoonful

Lunijes Liment.

Oil of Almonds & Hungary Water Each a table spoonful
A tea spoonful of spirits Harts Horn Put them in a vial
Shake them well together bathe the out side of the neck &
throat.

Bathe for a Weak Joint

Half a pint of Vinegar 1 tea spoonful of Saleratus
Do of Alum A belzona Plaster to be worn. by R. J.

A Cure for Scrophulous Tumours.

Take Gum Camphor Sugar of Lead & Crude Sul Armonic
each 4 drams Cast Steel Soap 2 drams Oil arigam 2 tea spoonful
Oil Almond 2 ozs. First drop a little Alcohol on the camphor
then add the other ingredients except the oil Almond pulverize
fine & then add the Oil by degrees stirring the mixture in the Mortar
Directions Rub on the ointment morning and evening and cover the
tumour with soft flannel.

Cure for the Itch.

Take 1/2 lb of Hogs Fat 4 oz of spirits Turpentine 2 oz of flour of sulphur
and mix them together cold Apply it to the ancles knees wrists & elbows
and rub in palms of the hands if there be any raw spots apply a
little to them three nights when going to bed.

Cure for Marks on Children

One gill of old rum one gill Port wine one spoonfull Tar
one spoonfull black pepper a piece of Mutton tallow.
Take a persnips pound it so as to get the strength simmer
the whole together in fresh butter till the liquid part is
done away then strain the ointment and annoint half the sore
over the upper part.

Food and Ointment. A Tumor on the Neck 183

Take Iodine 40 grains Lard 4 oz Melt the Lard at a low temperature as possible & rub the Iodine in it till dissolved then add 60 grains Salomel & stir till cool Rub a small quantity on the part so as to cause the surface to chafe a little.

Drops for Inward Application at the same time.

Take Iodide Potassa 10 grains Water 4 oz Use 15 drops
4 times a day. A very strict diet must be attended to, no salt nor Grase.
By Doctor C. Langley Pittsfield.

Cure for the Piles

1 gill of cows water do of good rum do sharp vinegar 3 oz of berry
tallow 1 fill of ginger do of bees wax do of honey simmer them to
a salve

For the Phtisie

Take the ball of skunk cabbage pound it turn on
boiling water squeeze out the liquor sweeten it with loaf sugar

Ritger's Ointment

Take St Johns wort, Henbane, Tobacco leaves, Hemp leaves,
Night shade, Plantain, Self heal, Burdock, Yellow dock, roots,
Water lily roots, Low mallow, Coffee leaves, Hop rag, Heartsease,
Camomile, Melilot, Horehound, Garlic and Elder leaves,

Take equal parts of each simmer
altogether in fresh Butter 4 hours then add Hog Lard and
simmer six hours - Then strain off the liquor and simmer
again 2 hours and the remainder keep for use

N.B. The ingredients must be well
bruised in an iron mortar.

Ointment for a Sore Head

Venice turpentine one ounce Sulphur vivum 2 Drachms
Fresh Butter or Lard one ounce stir the whole in a mortar
until it is well mixed. Let this be rubbed on the affected
parts 3 or 4 times a day. Give the Patient cream of tartar
and sulphur mixed with molasses sufficient to act lightly
on the bowels.

Arabian Balsom

One pound of fresh butter simmered to an oil
add to it 1 ounce of Oreganum oil 2 Drachms of Camphor gum.
One desert spoonful of Spirits of Turpentine

Plaster for the Rheumatism.

℞ Four ounces of the Oil of Spike $\frac{1}{2}$ an ounce of Opium
dissolve the Opium in the oil and apply it to the part
affected.

Sambucus Plaster.

℞ Pitch Burgundy 2 ounces
Gum Camphor 30 grains
with alcohol 20 drops Pulverise & mix

Plaster for a Cough.

℞ Take bees wax Burgundy pitch resin
each an ounce melt them well together & then stir in
three quarters of an ounce of common turpentine
& half an ounce of oil of mace. Spread it on a
piece of sheep's leather grate some nutmeg over
the whole plaster & apply it warm to the region of
the stomach.

If you want enemies excel others if want friends
let others excel you

Cure of Quinsy

℞ Take a parcel of hops in quantity proportioned
to the amount of medicine to be prepared
Let them be simmered in warm water a short
time till their strength is extracted. Let the liquor
be strained & duly sweetened with sugar.
It may be given to children or adults in doses
suited to the age, until relieved.

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To Make Opodeldoe.

R. Take one quart of spirits of wine, half a pound of white soap, 2 ounces of gum camphor, one fourth of an ounce oil origanum, cut the soap fine, & put all together in a tin canister, or some safe vessel & dissolve the whole on a moderate fire, stirring it often with a pine stick. When nearly cool & before it coagulates, put it into proper vials. This is an excellent application for bruises, burns, sprains, & sores.

Removing Corns.

To remove corns when they become hard, soak them in warm water & then rub them down with a small pumice stone. Let persons try this & they will never use a knife afterward.

The upright fears the eye of God more than the
tongue of man.

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Part 2th
Receipts for Making Elixirs, Balsams & Bitters.

Stoughton's Elixir

Take Gentian root 1 oz Cochineal and saffron each 1 dram Rheubarb 2 dram lesser Cardamoms seeds grains of Paradise Todolary Ginger croake root of each 1/2 an oz Galen gale 1 oz slice the roots and pound the seeds then infuse them in a quart of the best French Brandy and add the rines of 4 oranges when it has stood 8 days strain it off and put a pint and a half more of brandy to the same ingredients till their virtue is drawn out this is greatly helpful to weak stomachs.

Dr Rawsons Bitters

Take Turmeric Gentian Quinic Buckbean Orange Peel of each an oz Chamomile Flowers 1 dram Pulverized all together and keep for use. Put a suitable quantity into wine or any kind of Spirits keep it moderately warm and in 2 days it will be fit for use.

A B add Sanders to give it a color & to make them cathartic add a few grains of Emetic Tartar.

Dose 1 table spoon full 2 or 3 times a day half an hour before eating.

Balsom of Balm Gilead

Take of Balm Gilead buds Dragons Claw and bugle each 2 oz Add 1 pint of honey and 1 pt of water put them together in a stone pot and cover it with a bit of rye dough set it in an oven not quite hot enough to bake wheat bread let it stand hours then strain off the liquor and add 1/2 gill of Rum

Dose 1 table spoonful twice a day.

Spirits of Lavender Compound.

To 3 pints Spirits add 1 oz of cinnamon bruised 2 drams of Cloves bruised Nutmeg bruised half an ounce red sanders wood three drams. Let them steep 7 days and strain and add 2 drachms of oil of Lavender and one dram of Oil of Rosemary and shake it well together. If you have not the sanders it will do without it for its principle use is to give it a high color.

Tompsons Wine Bitters.

Take bitter root Golden Seal Richlyashberries 4 oz each All spice and
Pepper Cayenne 2 oz each. Take 4 oz of poplar bark boil it well strain off
the liquor on the bitter root stir it well then add the other powders stir it
again let it stand till cold then put it into 5 gallons of wine current
Molage.

Balsam of Life

Take of Gum Benzoin and balsam Tolu 13 oz balsam Peru 14 of an oz
Succrine Aloes 7 1/2 of an oz Storax strained One ounce English Saffron
Boronia John's Wort 1 oz steeped in 2 pounds & 3 oz of spirits of
rectified wine 2 oz strong spirits of Sather put the whole into a
strong bottle with the glass stopple set it in a warm place frequently
shaking the bottle till the gums are dissolved. then strain it off for use.

To make Electuary for a Weak Stomach.

Take equal parts of Scales of Iron and Cloves & ginger pulverize
them together and mix with honey or Molasses
Dose two spoonful 2 a day.

A Wash for the Numb Palsy

Take 1 ounce of Cinamon 1 oz Cloves 1/2 oz oil of Anise put in 1 qt of
Alcohol made from french brandy. ^{Apply} Applied the whole must
be used in the course of 12 hours and the patient rubbed constantly
with a flannel or flesh Brushes Guard the stomach with tea made of
Serpentine Virginia and Saffron

For a Sour Stomach.

Take a few strips of prickly Ash bark in a pint of cold water and
take a spoonful Morning and Night You must not eat apples nor
drink Cider.

Balsam of Life

Take Gum Benzoin 4 oz Gum Storax 3 oz Balsam Tolu 3 oz
Gum Aloes Gum Olanum Gum Myrrh 1 oz and a 1/2 of
each. Angelica root 2 oz Johns Wort Flowers 2 oz pound these
together put them into three pints of Rectified Spirits in a
strong Bottle let them stand in warm place 4 weeks & shake

Them I order them strain it off for use w^ol more spirits
if the gums are not dissolved take 14 or 16 drops in a small glass
of wine in the morning it strengthens the stomach kills the
fever is good for a pain in the stomach or side is good
for weak lungs and a cough.

To Sweeten the Breath

Gargle with lime water or a decoction of Peruvian bark or a liquor
made thus 2 oz Compound allum water 1/2 oz Juice of Lemon 3oz
ferrous water.

Bolus.

Take 1/2 a dram gamboge 10 grains of ginger 5 grains mix it with
buck thorn Crisp give it as you see fit.

For Cutaneous Eruptions

M Add to a Gill of soft water
a lump of unslicked lime the size of a walnut
after the urethra have subsided saturate with
the clear liquor 30 grains of calomel
Wet the parts affected whenever
they are irritable.
Nov 29th 1760

Part 3th 373

Receipts for Making Pills

To restore the gastric Secretion &c

Myrrh Aloes each 2 parts Vitriolated Tartar 1 part
Golden Seal and Gold Thread 3 parts put in some coriander seeds
Mix with the Masticage of Gum Tragacanth
Dose 1 before each Meal.

Aparita Pills

Aloes Myrrh Ferrite Casteel Soap Equal quantities form them into
Pills.

A Receipt for Making the
Renovating Pills

Gum Gamboge - - - - - 1 lb
Aloes and cream tartar - 3/4 lb each
Cayenne & Ginger - - - - 2 oz each
Poplar Extract - - - - - 4 oz's
Slippery Elm bark - - - - 1 oz's
Dissolved in about - - - - 4 oz's of water
or more if required to make the mass
of a proper consistence for pilling
the articles must be of the best quality
and made fine
Dose from 2 to 5 as the case may require.

Pills for a Heat in the Stomach.

Take Specac 1 dram the do. of Pearl Ash Opium 20 grains
mix well & form in pills
Dose 1 on going to bed.

Pills for a Cough.

Take Gum Opium - - - - - 1/2 dram
Pils Squils - - - - - 1 do.
Fox Gloves - - - - - 1/2 Do.
Gum Ammoniac - - - - - 2 Do.
D Asafetida - - - - - 2 Do.
Mix for pills 60 and take 1 at night.

An Excellent Family Bilious Pills.

Take 1 pound of Scovone Aloes 4 oz of Galap 4 oz of Black root 2 oz of Cloves & 2 oz of Saffron & beat them all to a fine powder; fill them with Moolasses mix them well in a mortar. The common way of using them is take 1 every night the bigness of a pea if you have a bilious habit but if you wish them to act as a purge take 4 or 5 on going to bed. They give no pain in the operation. N.B. I should prefer Mandrake root in stead of Galap.

This pill made frequent use of prevents all kinds of fevers.

Medium Pills

Flow & white Mellibore 2 OZ each Licices
 Ruffin medicinal root 2 oz each 1 OZ Turin oil
 Almond soap Annis sup 1/2 OZ each Logwood
 tincture & castor oil's form into pill with
 mixture of gum arabic

Dose 2 or 3 at night.

P.M.

One ℞ tartaric acid 1 lb sugar
the juice of a lemon 1 pint $\frac{1}{2}$ of water boil
together 5 minutes when nearly cold add the
whites of 2 eggs with one tablespoonful of flour
add half an ounce of winter green. Keep in a cool place.

Take 1 tablespoonful of this syrup for a
common tumbler of water & a little soda.

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Part 6 ¹¹⁵
Receipts for Making Powders

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Receipts for Making Powders

Cough powder

- Shank Cabbage - - - 4-teaspoonfuls
- Hoar Hound - - - 2-do
- Lobelia - - - 1-do
- Pepper or No 2 - - - 1-do
- Wild turnip - - - 1-do
- Bayberry - - - 1-do
- Bitter root - - - 1-do
- Nerve Laddy - 1-teaspoon - do

Diaphoretic Powders

- | | |
|-----------------|----------|
| Take of Opium | 1/2 dram |
| Camphor | 2 do |
| Specimensha | 1 do |
| Cream of Tartar | 1 ounce |

Pulverized all separately then mix It is best to use pulverized Opium
 Dose Ten grains as often as may be necessary.

Powders for a Pain in the Stomach

Take 1 part Wild Turnip 1 of White root one of gizard Skin 1 of
 Ginseng

Dose a teaspoonful 3 times a day in Water.

Compound Powders.

Take 15 grains of Rhubarb 12 gr of Jalop 2 gr of Gambouge
 for a dose

Composition Powders. as they make at Harvard

Take 2th of Ginger, 1th Baberry bark, 1/4th Hemlock bark, 6 oz White pondlilly root;
 2 1/2 oz of Westindia peper, 2 1/2 oz Cloves, 3 oz Cinnamon. Pounded fine & well mixed
 together. It is used thus, take half or a whole teaspoonful in hot water with a little milk
 sweetened to the taste. And taken in bed, or according to former directions.

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Receipts for Making Candy

Take 25 lbs of Sugar add to it half a pail full of water & boil it. Beat Eggs in $\frac{1}{2}$ of a pail of water & put this into the syrup gradually and skim off until clear remembering to put a little cold water to the sugar each time before adding the egg to prevent its boiling or else the egg will be seal dead and not gather the crust.

When clear strain the syrup thro a flannel cloth then put a small quantity into a kettle (or a tin pan is preferable) and put in a small piece of butter and 2 table spoonfulls of Vinegar and boil it down till it will not stick to the teeth (being careful while boiling to keep the side of the pan from graining with a wet cloth or swab if this is not kept swabbed it will cause the whole to grain) Then cool it on a marble stone put on the essence when first put on the stone then peel & work the peels for striping & prepare for working into the stick which is done by laying peices or strips that have been worked and others that have not together and then rolling them till they are small enough.

Cough Candy.

1 oz Elecampane 6oz Slippery Elm bark 6oz Squills 4oz Borecoat
1 oz Shorehound 4oz Licorice 4 gill Flax Seed boil to gether 2 hours
In a pail full when done. Put in $\frac{1}{2}$ a pint to 10 lbs of Sugar. The
cough candy should be boiled the same as the above Turn the Syrup
or Sugar on the Marble slab and drop or strip it to your liking
No pulling is required.

For Coloring Candy.

Take 2 qts Water & add 2 oz Alum 2 oz Cochineal 2 oz cream tartar
Boil 10 minutes then put in Saleratus and boil till the color suits
From Canterbury.

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