



# Prayer

1 There are moments in life, no matter what is the attitude of the body, the soul is on its knees.

Victor Hugo.

2 As down in the sunless retreats of the ocean,  
Sweet flowers are springing no mortal can see,  
So, deep in my heart the still prayer of devotion,  
Unheard by the world, rises, silent to Thee,  
My God! silent to Thee,  
Pure, warm, silent, to Thee!

Moore.

3 A good man's prayers  
Will from the deepest dungeon climb heaven's height  
And bring a blessing down.

Joanna Baillie

4 More things are wrought by prayer than  
this world dreams of.

Jennyson.



Father, I pray;

5 I do not know my needs; I only know  
I have a void within which Thou canst fill.  
And whatso'er the cup Thou givest me,  
I'll press unto my lips, and let it work  
Salvation in my soul.

I do not know the way  
Which leadeth to the heights my soul would climb,  
But trusting Thee as I have trusted e'er,  
Since first I cast my lot, and took the staff,  
— The pilgrim's staff — I'll follow on o'er hill  
And vale, wherever I hear Thy still, small voice,  
Until I reach another height, attained  
Unto, by perfect trust, which overlooks  
The wayward windings of the past, and gives  
Me sight to see still other heights beyond,  
Which I must reach.

A. J. C.

6 Secret prayer is the secret of prayer.  
Spurgeon.

7 He who rises from prayer a better man,  
his prayer is answered.

8 If the chosen soul could never be alone  
 In deep midsilence open-doored to God,  
 No greatness ever had been dreamed or done.  
 Among dull hearts a prophet never grew;  
 The nurse of full grown souls is solitude.  
 James R. Lowell.

9 Reckon that day lost, in which you do not  
 enjoy sanctifying communion with God.

10 Make it a rule and pray to God to help you  
 keep it; never if possible to lie down at night without  
 being able to say: I have made one human being a  
 little wiser or a little happier, or at least a little  
 better this day.

Charles Kingsley.

## A Prayer.

Give us the strength to encounter that  
which is to come, that we may be brave in  
peril, constant in tribulation, temperate in  
wrath, and in all changes of fortune, and  
down to the gates of death, loyal and loving  
to one another.

R. L. Stevenson.

## A Prayer.

For Light amid the darkness and the gloom  
For Strength to meet the ever threatening doom.  
For Wisdom pure to make the perfect choice  
For Willingness to hear thy gentle voice  
To Thee O Lord I pray!

If darkness shrouds, be it without, not in;  
If weakness comes, may it not be by sin;  
If I know not which way my thought to turn  
Still may Thy sovereign Will be my concern!  
This prayer I make today!

Charles R. Morrison.





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## Opportunity. Procrastination Time.

1 Put not off until tomorrow what should be done today.

Franklin.

2 Miss not the occasion, by the forelock take  
That subtle Power, the never halting Time.  
Lest a mere moment's putting off should make,  
Mischance almost as heavy as a crime.

Wordsworth.

3 We must take the current when it serves,  
Or lose our ventures.

Shakespeare.

4 Procrastination is the thief of time.

Young.

5 Each day its duty brings,  
The undone task of yesterday cannot  
Be now fulfilled without some current work's  
Displacement.

6 An opportunity is like a pin in the  
sweepings; you catch sight of it just as it  
flies away from you and gets buried again.  
Mr. A. D. S. Whitney.

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7 Chance will not do the work: chance sends the breeze;  
But, if the pilot slumber at the helm,  
The very wind that wafts us towards the port,  
May dash us on the shelves: the steersman's part  
Is vigilance, blow it rough or smooth.  
Scott.

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8 Don't waste life in doubts and fears; spend  
yourself on the work before you, well assured  
that the right performance of this hour's duties,  
will be the best preparation for the hours or  
ages that follow it.  
Emerson.

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9 For the structure that we raise  
Time is with material filled;  
Our todays and yesterdays,  
Are the blocks with which we build.  
Longfellow.

10

We take no note of time  
But from its loss; to give it then a tongue  
Is wise in man.

Young.

11 The very first-step toward action is the death-  
warrant of doubt.

George Mac Donald.

12

The attempt-  
Is all the wedge that splits its knotty way  
Betwixt the possible and the impossible.

Alice Leary.

13

Our doubts are traitors,  
And often make us lose the good we yet might win  
By fearing to attempt.

Shakespeare.

14

The wise and active conquer difficulties  
By daring to attempt them. Sloth and folly  
Shiver and shrink at sight of toil and hazard,  
And make the impossibility they fear.

Rowe.



15 Awake to effort while the day is shining;  
The time to labor will not always last;  
And no regret, repentance, or refining,  
Can bring to us again the buried past.  
Mrs. S. T. Bolton.

16 Opportunity is rare, and a wise man will  
never let it go by him.  
Bayard Taylor.

17 Why do we heap huge mounds of years  
Before us and behind,  
And scorn the little days that pass,  
Like angels on the wind?  
Each turning round a small, sweet face,  
As beautiful as snow,  
Because it is so small a face,  
We will not see it clear.  
And so it turns from us, and goes  
Away in sad disdain;  
Though we could give our lives for it,  
It never comes again.  
D. M. M. Craike

- 18 By the streets of "By and By" one arrives  
at the house of "Never."  
Carver.
- 19 How often for pleasures and treasures we sigh,  
Which when ours unnoticed, we permit to pass by.  
A. J. C.
- 20 Do the duty that lies nearest thee. Every  
duty which is bidden to wait returns with  
seven fresh duties at its back.  
Charles Kingsley
- 21 There are joys which long to be ours. God  
sends ten thousand truths which come  
about us like birds seeking inlet; but we  
are shut up to them and so they bring  
us nothing, but sit and sing awhile on  
the roof and then fly away.  
Beecher.
- 22 Nothing would be a lesson to us if  
it did not come too late.  
George Eliot.

23 Celestial opportunities avail us nothing unless we have ourselves been educated up to their level. If an angel comes to converse with us on the mountain top he must find our tent already pitched in the upper air.

24 The golden moments in the stream of life rush past us, and we see nothing but sand; the angels come to visit us, and we only know them when they are gone.

George Eliot

25 How oft my guardian angel gently cried  
"Soul from thy casement look and thou shalt see  
How He persists to knock and wait for thee"  
And oh! how often to that voice of sorrow,  
"Tomorrow we will open" I replied;  
And when the morrow came I answered still  
"Tomorrow"  
Longfellow.

26 Time flies without waiting for our resolves  
Scott



27 Each stage of life if wisely spent  
Rears for the next a monument.

A. J. C.

28 Every duty we omit,  
Obscures some truth we should have known  
Ruskin

29 Awake to effort while the day is shining;  
The time to labor will not always last;  
And no regret, repentance, or repining  
Can bring to us again the buried past.  
Mrs S. T. Bolton.

30 Delays breed dangers; nothing is so  
perilous as procrastination.

31 Opportunities are very sensitive things; if  
you slight them on their first visit, you  
seldom see them again.  
Ruskin.



- 32 Today is over, the yesterdays have gone;  
And tomorrow may for us ne'er dawn.
- 33 Only the present moment has actual being  
to you and me.  
De Jewel.
- 34 When we leave this life the lost opportunities for  
kindness, will haunt us more than our sins  
of commission.
- 35 We often omit the good we might do in consequence  
of thinking about that which it is out of our  
power to do.
36. To gain extensive usefulness, seize the present  
opportunity, great or small and improve it to the  
utmost.
- 37 Unless a tree bears blossoms in spring we  
may look in vain for autumn fruits.

38 There are no fragments so precious as those of time, and none so heedlessly lost by people who cannot make a moment; and yet can waste years.

39 The greatest loss of time is delay, and expectation which depends upon the future. We let go the present, which we have in our power, and look forward to that which depends upon chance, and so relinquish a certainty for an uncertainty.

Duty, neglected plants a thorn in the conscience which spoils the soul's quietness.

General Booth.

I have just time to observe that time is short, and by the time that I have made the observation time is gone

Cowper

He who grasps the moment's gift -  
He is the proper man.

Goethe.

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# Practical Religion.

- 1 Example is more forcible than precept. People look at my six days in the week, to find what I mean on the seventh.  
Cecil.
- 2 Be not simply good; be good for something.  
Shoreal.
- 3 To judge religion we must have it; not stare at it from the bottom of a seemingly interminable ladder.  
George Mac Donald.
- 4 Hold fast upon God with one hand, and open wide the other to your neighbor; that is religion.  
George Mac Donald.
- 5 We can do more good by being good, than by any other way.  
Rowland Hill.
- 6 Practice flows from principle, as a man thinks so will he act.



7 Religion is the best armor a man  
can have, but it is the worst cloak.  
John Bunyan.

8 Who does the best he can, does well, acts nobly  
angels do no more.

Young

My own experience and development, deepen  
every day my conviction that our moral progress  
may be measured by the degree in which we  
sympathize with individual suffering and  
individual joy.

George Eliot

The practice of religion involves as a first principle  
a loving, compassionate heart for all creatures.  
Budda

If our religion does not make us pleasant  
to live with, it will not attract others to it

A Chinese Convert

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# Friendship

1 In this world which is ever slipping from under our feet, it is the prerogative of friendship to grow old with one's friend

Arthur I. Hardy.

2 A day for toil, an hour for sport.  
But for a friend is life too short.

Emerson

3 God sends to some of us a friend who loves in us not a false imaginary unreal character, but looking through all the rubbish of our imperfections, loves in us the divine ideal of our nature, loves not what we are but the angel we might be.

Mrs. A. B. Stowe

4 The only way to have a friend is to be one.

Emerson.

5 True friends are like diamonds, scarce but precious.



6 A friend may well be reckoned the  
master piece of nature.  
Emerson.

7 We cannot buy with gold the old  
associations.  
Longfellow.

8 Friends are won by kindness, and lost  
through carelessness and neglect. "I serve"  
is a kingly motto, and the way royal to  
human hearts  
W. A. Duncan

9 How much more we might make of our  
family <sup>life</sup> and our friendships, if every secret-  
thought of love blossomed into a deed.  
Mrs A. B. Stowe.

10 We know not the value of a friend until  
we need one.

12 The language of friendship is not in words  
but meanings. It is intelligence above language.  
Thoreau

13 We may build more splendid habitations, fill  
our rooms with paintings and <sup>with</sup> sculptures, But  
we cannot buy with gold the old associations  
Longfellow.

14 Friendship is a strong and habitual inclination  
in two persons to promote the good and happiness  
of each other.

Emerson.

A good deed is never lost; he who sows courtesy  
reaps friendship, and he who plants kindness  
gathers love

Basil

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## Cheerfulness.

- 1 You find yourself refreshed by the presence of cheerful people. Why not make the earnest effort to confer that favor on others? You will find half the battle is gained if you never allow yourself to say anything gloomy.

Lycia Maria Child.

- 2 I find the gayest castles in the air that were ever filled, far better for comfort and for use, than the dungeons in the air, that are daily dug out and caverned out by grumbling, discontented people.

Emerson.

- 3 Cheerfulness throws sunlight on all the paths of life.

Richter.

- 4 Cheerfulness of temper arises half from personal goodness and half from a belief in the goodness of others.



5 If life an empty bubble be  
 How sad for those who cannot see  
 The rainbow in the bubble.

6 Cheerfulness is an excellent wearing  
 quality. It has been called the bright-  
 weather of the heart.

Smiles.

7 Each cloud they say has one side  
 Bright and shining.  
 And so I turn my clouds about,  
 And always wear them wrong side out;  
 To show the lining

8 A merry heart goes all the day,  
 Your sad tires in a mile-a.  
 Shakespeare.

9 A wide-spreading hopeful disposition, is  
 your only true umbrella in this vale of tears.  
J. B. Aldrich

10 It is good to lengthen to the last a sunny mood.

J. R. Lowell.

11 Be thou the rainbow to the storms of life,  
The evening beam that smiles the clouds away  
And tints tomorrow with prophetic ray.

Byron

12 The true basis of cheerfulness, is love, hope  
and patience.

Smiles.

13 Cheer may be given while the purse is left  
at home.

Rayston.

14 Optimism - how much the world needs it now  
and always! More cheer, more hope, more faith,  
more courage more far seeing patience! Above  
all things else, the world needs the grace of  
the sunny side

L. B. Meyer

- 15 Keep your face always towards the  
sunshine, and the shadows will fall behind you  
M. B. Whitman.
- 16 For every evil under the sun  
There's a remedy or there's none,  
If there is one try and find it:  
If there is not never mind it.
- 17 Whatever the weather may be my dear  
Whatever the weather may be  
It's the songs we sing and the smiles we wear  
That is making the sunshine everywhere.
- 18 Look for goodness look for gladness;  
You will find them all the while;  
If you bring a smiling visage  
To the glass you meet a smile.  
Alice Cary.
- 19 When you come into the house do you bring  
sunshine with you  
Gail Hamilton

20 Smile awhile, and when you smile,  
another smiles, and then three smiles and  
smiles of smiles; and life's worthwhile because  
you smile.

21 Be not a spider to select—  
The poison, and the good neglect—  
But like a bee collect the sweet;  
From every little flower you meet:

A. J. C.

Be cheerful. Give this lonesome world a smile,  
We stay at longest, but a little while;  
Hasten we must; or we shall lose the chance  
To give the gentle word, the kindly glance;  
Be sweet and tender that is doing good  
Is doing what no other good deed could.

An ounce of cheerfulness is worth a pound  
of sadness to serve God with.

Fuller

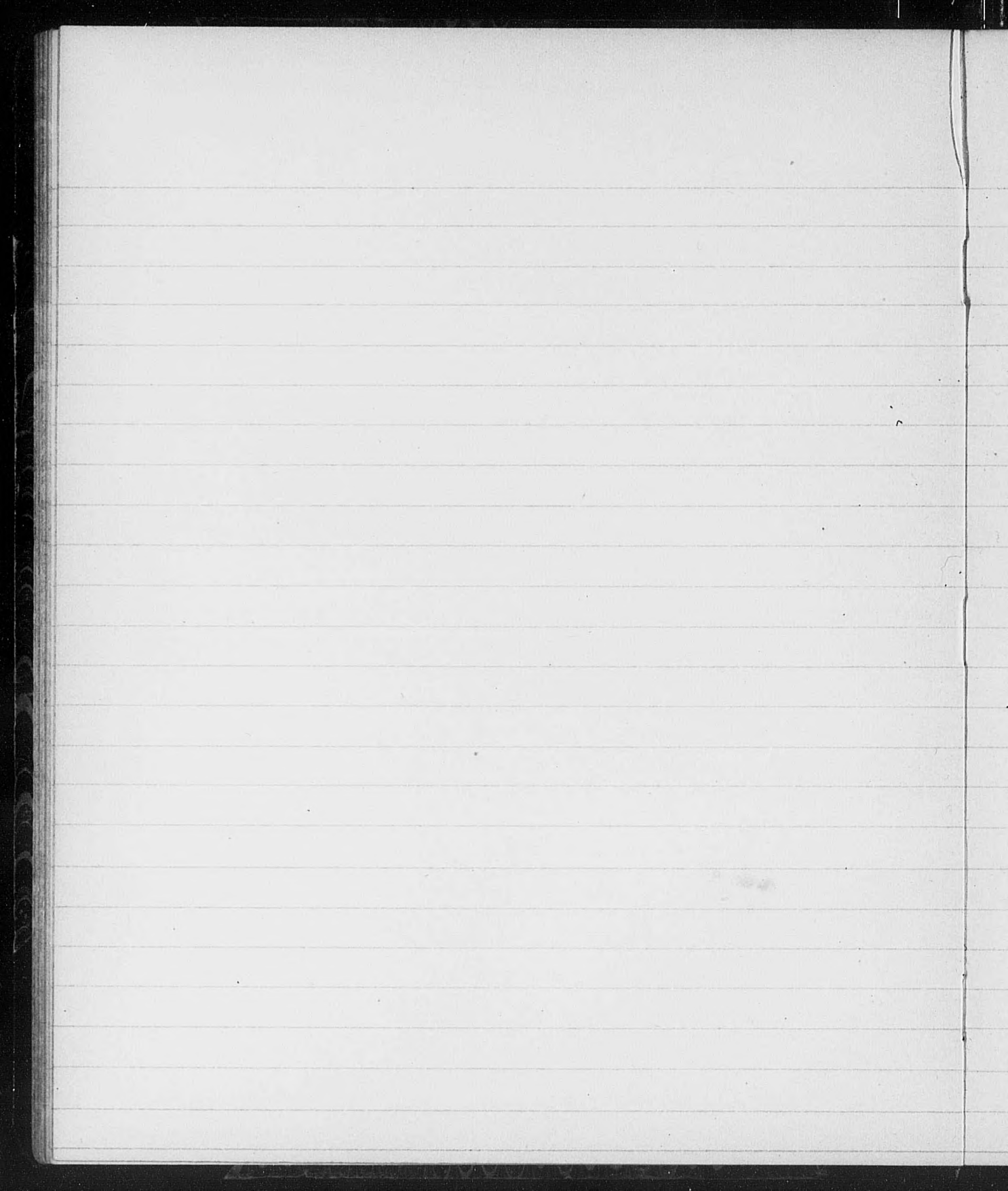


Those there are,  
Who have a whole look southward and are open  
To the whole noon of nature.  
Be thou of such.

J. B. Bailely

Frame your mind to mirth and merriment-  
Which bars a thousand harms and lengthens life  
Shakespeare.

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# Thoughts.

1 Guard well thy thoughts: Our thoughts  
are heard in heaven.

Young.

2 O guard thy roving thoughts with jealous care  
For speech is but the dial-plate of thought.  
Tennyson.

3 My own thoughts are my companions

4 They are never alone that are accompanied  
with noble thoughts.

5 The pleasantest things in this world are  
pleasant thoughts, and the great art in life,  
is to have as many of them as possible.  
Bovee.

6 Every right act and true thought sets the seal  
of its beauty on person and face.  
Ruskin.



7 The happiness of your life depends upon your thoughts; therefore guard accordingly and take care that you entertain no thoughts unsuitable to virtue.

8 We think in words; and when we lack fit-words, we lack fit-thoughts.

White

9 Would we have a noble mind we must entertain noble thoughts; the finest edifice would be a nuisance if inhabited by nothing but vermin.

A. J. C.

10 It is only by labor that thought can be made healthy; and only by thought that labor can be made happy.

Ruskin

The man who has governed his thoughts has achieved a victory over himself; he has mastered his passions, schooled his affections, and put his body under him

Joseph Jefferson.

What a battle a man must fight everywhere  
to maintain his standing army of thoughts, and  
march with them in orderly array, through the  
always hostile country. How many enemies there  
are to sane thinking

Thoreau.

If I had two potatoes and one true thought, I would  
sell one potato to buy pen and ink, and live on  
the other, until I had written that thought.

Carlyle.

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# Truth.

1 There is but one straight course; and that is to seek truth and pursue it diligently.

George Washington.

2 Thou must be true thyself,  
If thou the truth wouldst teach,  
Thy soul must overflow if thou  
Another soul wouldst reach;

It needs the overflowing heart  
To give the lips full speech.

Think truly and thy thought  
Shall the world's famine feed;

Speak truly and thy word  
Shall be a fruitful seed;

Live truly and thy life shall be,  
A great and noble deed.

Horatio Bonar.

3 Truth is as impossible to be soiled by any outward touch as the sunbeam.

Milton



- 4 The highest compact we can make with our fellow man is: "Let there be truth between us forever more."

George Eliot

- 5 There is nothing so delightful, as the hearing or the speaking the truth. For this reason there is no conversation so agreeable, as that of the man of integrity, who hears without any intention to betray, and speaks without any intention to deceive.

Plato.

- 6 Not to be credited when he tells the truth is all a man gains by telling a falsehood.

Aristotle

- 7 Truth should be the first lesson of the child and the last aspiration of manhood.

Whittier.

- 8 A man in no case has liberty to tell lies

Carlyle.

9 "Live the truth you know, and you will  
know the truth you need to know."  
George MacDonald.

10 If it is not seemly do it not; if it is not true  
speak it not

Marcus Aurelius

11 "A lie will travel from coast to coast, while  
truth is putting on its boots"

12 When a man has no design but to speak the  
truth, he can say a great deal in a narrow compass.

Truth forever on the scaffold, Wrong forever on the throne—  
Yet that scaffold sways the future, And behind the dim <sup>unknown</sup>  
Standeth God within the shadow, Keeping watch above His own

Lowell

No power can die that ever wrought for Truth;  
Thereby a law of nature it became.

Lowell.

There is no time so miserable but a man  
may be true.

Shakespeare

Get-but the truth once uttered and 'tis like  
A star new born that drops into its place  
And which, once circling in its placid round,  
Not all the tumell of the earth can shake.

Lowell.





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## Nature's Teachings.

1. Were I, O God in Churchless lands remaining  
 Far from all voice of teachers or divines,  
 My soul would find in flower of thy ordaining  
 Priests, sermons, shrines.

Horace Smith.

2. Tongues in trees, books in running brooks,  
 Sermons in stones, and good in every thing.

Shakespeare.

3. Flowers are the sweetest things God ever  
 made and forgot to put a soul into.

Beecher.

4. Bubbles we buy with a whole soul's tasking,  
 'Tis heaven alone that is given away,  
 'Tis only God may be had for the asking,  
 No price is set on the lavish summer:  
 June may be had by the poorest corner.

J. R. Lowell.

5 What a thought when God thought of  
a tree.

Ruskin.

6 The happiest man is he who learns from  
nature the lesson of worship.

Emerson.

7 The year's at the spring  
The day's at the morn;  
Morning's at seven;  
The hillside's dew-pearled;  
The lark's on the wing;  
The snail's on the thorn;  
God's in His heaven  
All's right with the world.

Robert Browning.

8 We will shut the door of our cabin and  
go out into the Hall of the Universe

9 All matter is God's tongue!  
Out from its motion God's thoughts are sung.  
And the realms of space are the octave bars,  
And the music notes are the suns and stars.

Thomas L. Harvy.

Every formula which expresses a law of nature  
is a hymn of praise to God.

Marion Mitchell.



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The Fruits of the Spirit 91

Love, Joy, Peace Longsuffering Gentleness  
Goodness Faith Meekness Temperance

1 Love in this world is like seeds taken  
from the tropics, and planted where the  
winter comes too soon.

Beecher.

2 All who joy would win  
Must share it: Happiness was born a twin  
Byron

3 If peace be in the heart,  
The wildest winter storm is full of solemn beauty,  
The midnight lightning-flash but shows the  
path of duty,  
Each living creature tells some new and joyous story,  
The very trees and stones all catch a ray of glory.  
If peace be in the heart:  
Charles F. Richardson.

4 Great gifts can be given by little hands  
Since of all gifts love is still the best.  
Adelaide A. Procter.

5 Take joy home,  
 And make a place in thy great heart for her,  
 And give her time to grow, and cherish her,  
 Then will she come and oft will sing to thee  
 When thou art working in the furrows.  
 Jean Ingelow.

6 The steps of faith fall on the seeming void  
 And find the rock beneath.  
 Whittier

7 Do you know the meaning of goodness?  
 I will tell you. It is first to avoid hurting  
 anything; and then to continue to give as  
 much pleasure as you can.  
 Mary Wollstonecraft.

8 No mind can have great thoughts, or can live  
 in the higher realms of light and peace until  
 it is free from that perpetual mood of anxiety  
 which blights and cankers.  
 Christian Herald.

9 Do not lose your inward peace for anything whatsoever, not if the whole world should be upset.

St. Francis de Sale

10 Christian faith is a grand cathedral with divinely pictured windows. Standing without you see no glory nor can possibly imagine any. Standing within every ray of light reveals a harmony of unspeakable splendor.

Hawthorne.

11 Meekness is a virtue by which we know a Christian better than by his name.

12 He who bends to himself a joy  
Does the winged life destroy;  
But he who kisses the joy as it flies,  
Lives in eternity's sunrise.

William Blake

Let us have faith that right makes might; and  
in that faith let us, to the end, dare to do our duty  
Lincoln.



The human heart becomes softened by hearing  
of instances of gentleness and consideration  
Plutarch.

Cease every joy to glimmer in my mind,  
But leave oh! leave the light of Hope behind.  
What tho' my wing'd hours of bliss have been,  
Like angel visits, few and far between  
Thomas Campbell.

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## Books, Education etc.

1 God be thanked for books

All that mankind has done, thought, gained or  
been, is lying in magic preservation in pages of books.  
Carlyle.

We form judgments of men from little things about their  
houses, of which the owner perhaps never thinks. If on  
visiting the dwelling of a man of slender means, we find  
that he contented himself with cheap carpets and very  
plain furniture in order that he may purchase books, he  
rises at once in our estimation & esteem. Books are the  
windows through which the soul looks out. A home  
without books is like a room without windows.  
Henry Ward Beecher.

Books are never asleep. If investigating you interrogate  
them, they conceal nothing; if you mistake them they  
never grumble; if you are ignorant they cannot laugh  
at you.

Lincoln.



Books will speak plain when counsellors flatter.  
 Therefore it is good to be conversant in them especially  
 the books of such as themselves have been actors on  
 the stage

Bacon.

A lack of guidance rather than a lack of desire  
 has kept many from the treasures that are to be found  
 between the covers of the right books

Dr. Eliot.

Fifteen minutes in the morning and as many in the  
 evening devoted faithfully to reading will add appreciably  
 in the course of a few months to ones store of knowledge.  
 Always have a book on hand, and, whether the op-  
 portunity brings you two hours or ten minutes,  
 use it to the full.

Hamilton Wright Mabie.

The treasures that are hidden in books are well  
 worth the many hours of toil and effort spent  
 in searching for them.

Lewis Miller.

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## The Tongue, its Good and Ill.

- 1 Who, when slander's tongue is busy,  
 With an absent neighbor's name,  
 Will excuse the faults and failings,  
 And defend his fame?  
 Who will view poor human nature,  
 Only on the brightest side,  
 Leaving God to judge the evil,  
 Charity would hide?  
 Call the roll!

Mrs Sarah T. Bolton.

- 2 The highest culture is to speak no ill.  
 The best reformer is the man whose eyes  
 Are quick to see all beauty and all worth,  
 And by his own discreet, well ordered life  
 Alone, reproves the erring.

When thy gaze  
 Turns in on thine own soul, be most severe  
 But when it falls upon a fellow man  
 Let kindness control it, and refrain  
 From that belittling censure which springs <sup>forth</sup>  
 From common lips, like weeds from marshy soil.  
Ella Wheeler.



- 3 I never listen to calumnies, because if they are untrue I run the risk of being deceived; and if they are true, of hating persons not worth thinking about.

Montesquieu.

- 4 Discretion in speech is more than eloquence.  
When you doubt, abstain.

Bacon

- 5 Of the unspoken word you are master, the spoken word is master of you.

Persian Proverb.

- 6 A single word is a little thing  
But a soul may be dying before our eyes,  
For the lack of comfort a word may bring  
With its welcome help, and sweet surprise.

- 7 Many a word, at random spoken  
May soothe, or wound a heart that's broken.

Scott.

- 8 A new commandment-is abroad in the land:  
 "Thou shalt-not-hear an unkind story, so long  
 as thou hast-heels to turn or hands to cover  
 thine ears".
- 9 Blessed are they that-have nothing to say  
 and cannot-be persuaded to say it:  
 James R. Lowell.
- 10 I shall not say any more, if I talk longer  
 Betsy Crossman.
- 11 Speak kindly in the morning, it-lightens the  
 cares of the day, and make household, and  
 all other affairs move along more smoothly.
12. While the word is yet-unspoken you are master  
 of it; when once it is spoken it is master of you.  
 Arabian

The ill-timed truth we might have kept—  
Who knows how sharp it pierced and stung!  
The word we had not sense to say—  
Who knows how grandly it had rung.  
Edward Rowland Sill.

Adverse criticism is a deteriorating element  
in character. Nothing is more injurious to the  
spiritual quality of life than to discern the  
worst rather than the better qualities of others.

Think twice before you speak, then talk to yourself.

If it is not right do not do it. If it is not  
true do not say it.

Marcus Aurelius.

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Patience, Perseverance etc.

- 1 God doth not need  
 Either man's work or his own gifts, who best  
 Bear his mild yoke, they serve him best -  
 His state  
 Is kingly; thousands at his bidding speed,  
 And pass o'er land and ocean without rest:  
 They also serve who only stand and wait:  
Milton.
- 
- 2 Patient endurance attaineth to all things  
Longfellow.
- 
- 3 The hill has not <sup>yet</sup> lifted its face to heaven  
 that perseverance will not gain the summit  
 of at last:  
Dickens.
- 
- 4 There is no crown in the world so good  
 as patience  
Swinburne
-

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## Inspiration, Aspiration, etc.

1 Angel ministry cheers the darkest days of our pilgrimage here, with the confident assurance that there is not an aspiration after good, nor a dream of the beautiful during the earthly life, that will not find a nobler field, and fairer realization when the pilgrim has cast off his burden, and reached the better land.

Richard Dale Owen.

2 Celestial opportunities avail us nothing unless we ourselves have been educated up to their level. If an angel comes to converse with us on the mountain top, he must find our tent already pitched in the upper air.

3 Heaven is not reached at a single bound,  
But we build the ladder by which we rise  
From the lowly earth to the vaulted skies,  
And we mount its summit, round by round.



4 Wouldst thou have the future ages know thee  
Measure not thy life with those below thee.  
Wouldst thou have the future prize and love thee  
Strive for the standard of the best above thee.  
C. P. Branch

---

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Fretting. Worriying etc

- 1 There is one sin which is everywhere, and by everybody, underestimated, tolerated with undue tolerance, and quite too much overlooked in our valuation of character. It is the sin of fretting. There is no vice, except drunkenness, which can so utterly destroy the peace and happiness of a home.

Helen Hunt.

- 2 For every evil under the sun  
There is a remedy - or there's none;  
If there is one - try and find it;  
If there isn't - never mind it.

Wheelock.

- 3 Fretting cures no ill they say.  
Pluck and patience win the day.

- 4 To be constantly worried, fearing, agitated,  
is degrading and debilitating to the whole  
nature.

Christian Herald.



5 It is a good thing to put a bother away  
over night, it all straightens out in the  
morning.

Mr. A. D. T. Whitney

6 A temper always faultfinding if not  
mastered in its youth will cling to you  
like ivy round a tree, so root it out if  
you do not want a life of misery.

Royston.

7 A fretful temper will divide  
The choicest knot that may be tied,  
By ceaseless sharp corrosion.  
A temper passionate and fierce  
Will suddenly your joys disperse  
At one immense efflosion.

Cooper.

O what's the use to grumble and complain,  
It's just as easy to rejoice,  
When God sorts out the weather and sends rain,  
Then rain's my choice.

James Whitcomb Riley

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## Self Conquest - Self Examination

- 1 Of all battles, there are none like the  
unrecorded battles of the soul.  
H. W. Beecher.

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- 2 When the fight begins within himself,  
A man's worth something.  
Browning.

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- 3 So little done; so much to do!  
Each morning breaks on conflicts new;  
But eager, brave, I'll join the fray,  
And fight the battles of To Day.  
James R. Gilmore

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- 4 Real glory springs from the silent conquest  
of ourselves.  
Thomson.

---

- 5 True conquest is to sacrifice ourselves in little  
acts in which we feel no glory at all.  
James V. Calver.



6 Man who man would be must  
rule the empire of himself.  
Shelley.

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O Wisdom thou hast truly said, when at  
The culminating point of honor due  
Thou gavest preference unto Conquered Self.  
A. J. C.

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## Life its Work and Duties.

1 Life is a leaf of paper white  
 Whereon each one of us may write  
 His word or two, and then comes night.  
 Greatly begin! Though thou have time  
 But for a line, be that sublime; -  
 Not failure, but low aim, is crime.  
 J. R. Lowell.

2 Our lives are albums written through  
 With good or ill, with false or true;  
 And as the blessed angels turn  
 The pages of our years,  
 God grant they read the good with smiles,  
 And blot the ill with tears.  
 Whittier.

3 If life an empty bubble be,  
 How sad for those who cannot see,  
 The rainbow in the bubble.

4 The evening of life brings with it, its lamps.  
 Joubert



5 Work for some good, be it ever so slowly;  
Cherish some flower, be it ever so lowly;  
Labor! — all labor is noble and holy;  
Let thy great deeds be thy prayer to thy God.  
Francis S. Osgood.

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6 What do we live for if it is not to make  
life less difficult for others.  
George Eliot.

---

7 Working and grinding work through the day  
Grief never hindering, grind it away.  
What though tears dropping, rest as they fall,  
Have no wheel stopping, work comforts all.  
Miss Mulock.

---

8 Better wear out than rust out.  
Bishop Cumberland.

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9 The more business a man has, the more he  
is able to accomplish, for he learns to economize  
his time.

10 Existence is not given to be wasted in the prosecution of selfish plans or in advancing and executing trifling ones. Time has been freely given, and with it a high capacity to live worthily and a sure strength to do well. Let me remember that I am responsible for the use I make of these endowments.

Dorothea Dix.

11 Labor with what-zeal we will  
 Something yet-remains undone,  
 Something uncompleted still,  
 Waits the rising of the sun.

Longfellow

12 Love labor, if thou dost not want it  
 for food, thou mayest for physic  
 Wm Penn

13 I see that time divided is never long and  
 that regularity abridges all things.  
 Madame de Staël.

14 The secret of life is not to do what  
one likes, but to try and like what  
one has to do; and one does come  
to like it in time.

Dinah M. Craik.

15 Not every flower can be a stately rose  
Not all of us can mighty deeds achieve  
But not in vain shall we have lived, if we  
Have proved a heart's ease to the heart that grieves

16 When life's pilgrimage is over  
And its cares and troubles end  
Ere we enter the dark valley  
Whether all our footsteps tend  
How 'twill cheer these solemn moments  
If we feel this to be true,  
That the world is someway better,  
For our having traveled through.



17 Our cares are all Today;  
 Our joys are all Today;  
 And in one little word, our life,  
 What is it but Today.

18 Do not pray for easy lives; pray to be  
 stronger men. Do not pray for tasks equal  
 to our powers; pray for powers equal to  
 our tasks.

Phillips Brooks.

19 Human companionship counts for so  
 much in this life, — but after all the  
 sharpest corners are to be turned alone

Elizabeth Stuart Phelps.

20 Never fear to bring the sublimest motive  
 to the smallest duty, and the most infinite  
 comfort to the smallest trouble.

Phillips Brooks.



21 What makes life dreary is the want  
of motive.  
George Eliot.

22 No part of life's education is more useful,  
if turned to proper account, than the  
discipline of failure.

23 When all our hopes are gone  
Tis well our hands must still keep toiling on  
For others' sake;

For strength to bear is found in duty done  
And he is blest indeed who learns to make  
The joy of others cure his own heartache.  
Maria Upham Drake.

24 What gets crowded out? Day by day, that  
is the great test of our lives.  
Mrs A. D. T. Whitney

25 Don't throw love life then do not squander  
time, for that is the stuff life is made of  
Franklin.

26 Is life a field? then plough it up; resow  
 With worthier seed. Is life a ship? Oh! heed  
 The southing of thy stars. Is life a breath?  
 Breathe deeper, draw life up from hour to hour,  
 Ay, from the deepest deep in thy deep soul.  
 Jean Ingelow.

27 Each day you and I are leaving a record  
 of what we are, in every life that touches  
 our own.  
 Philip M. Watters.

28 A new chance, a new leaf, a new life, — this  
 is the unspeakable gift which each day  
 offers you.  
 Dean Farrar

29 It is not doing the thing we like to do, but  
 liking the thing we have to do, that makes  
 life blessed.  
 Goethe.

30 Life is a sum, and it becomes us to do it properly  
 as it can be done but once

30 Believe in yourself, believe in humanity, believe in the success of your undertakings. Fear nothing and no one. Love your work. Work, hope, and trust. Keep in touch with today. Teach yourself to be practical and up-to-date, and sensible. You cannot fail.

31 We do not know anything about our own resources until we have taught ourselves to stand alone. Not until we can think for ourselves, decide for ourselves, and act for ourselves, do we become more than infants in the moral universe.

32. Each stage of life if wisely spent.  
Rears for the next a monument.

A. J. C.

34 "The day" says the greatest of German poets  
"is extremely long if one knows how to appreciate  
it and how to employ it."



35 'Tis the life of active thought -  
 Which molds our destiny, we live in deeds,  
 But deeds that live and stature add, are wrought  
 By patterns in the mind, recess, secure  
 From fluctuations which this fleety life  
 Would cast upon the mind's ideal.

A. J. C.

36 John Hestley, who accomplished an immense amount of labor once said: "Though I am always in haste, I am never in a hurry, because I never undertake any more work than I can go through with perfect calmness."

37 Many men owe the grandeur of their lives to their tremendous difficulties.

Spurgeon

38 Through the wide world he only is alone  
 Who lives not for another.

39 No one is useless in this world who lightens the burden of it for another.

Dickens.



40 The aim in life is what the backbone is to the body; without it we are invertebrates - belong to a lower order of being - not yet man.  
H. C. Gannett.

41 The present moment is divinely sent.  
 The present duty is thy Master's will,  
 Oh thou who longest for some noble work,  
 Do thou this hour thy given task fulfil,  
 And thou shalt find, tho' small at first it seemed,  
 It is the work of which thou oft hast dreamed.

42 Courage for the great sorrows of life, and patience for the small ones, and then when you have accomplished your daily task go to sleep in peace! God is awake.

Victor Hugo.

43. Each one must row with the oars he has.

To what gulfs  
 A single deviation from the track  
 Of duty leads!

Byron

Influence      Habit

- 1 The lightest wave of influence set in motion  
Extends and widens to the eternal shore.

Mrs S. T. Bolton.

- 2 Habit is a cable; we weave a thread  
of it each day, and it becomes so strong  
we cannot break it.

Horace Mann.

- 3 This I learned I from the shadow of a tree  
That to and fro did sway upon a wall.  
Our shadow-selves - our influence - may fall  
Where we ourselves can never be.

A. C. Hamilton.

- 4 No man or woman can be really strong, pure  
and good without the world being better for it.

Phillips Brooks.

- 5 Sow an act and reap a habit; sow a  
habit and reap a character; sow a character  
and reap a destiny.

Thackeray.

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Every human being influences his surroundings  
for good or evil.

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igi



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# Beauty

1 Beauty is the mark God sets on virtue

Emerson.

2 A thing of beauty is a joy forever.  
Its loveliness increases; it will never  
Pass into nothingness.

Keats.

3 The beautiful is the Essence of Life. It-  
is also the grand symphony of the world  
which can be interpreted only by those  
who possess a profound knowledge of  
its laws, and of the relation between  
discords and harmonies.

4 Every right action and true thought-sets  
the seal of its beauty on person and face.

Ruskin

5 This world is full of beauty  
As other worlds above  
And if we did our duty  
It might be full of love.

Gerald Massey.

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# Immortality.

- 1 Without a belief in personality immortality religion is surely like an arch resting on one pillar, like a bridge ending in an abyss.

Max Muller.

- 2 I feel my immortality oversweep all pains, all tears, all time, all fears.

Byron.

- 3 As often as I hear of some undeserved wretchedness, my thoughts rest on that world where all will be made straight.

Fichte.

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## Adversity Sorrow.

- 1 Few thoughts are more helpful in times of trial than the remembrance of how swiftly our past-griefs have vanished; and even this sorrow that seems so dark, will certainly find us speedy a light.
- 2 Earth has no sorrows that heaven cannot heal.

Moore.

- 3 There is a deeper joy in one's own sorrowful memories, surely, than in this quietude that comes of "never minding." Would I, would you, cease to regret the dear ones we have lost; if we could? Would we be light hearted, at the cost of having nothing in one's heart very precious or sacred?

Jane Welsh Carlyle.



4 Prosperity makes friends, adversity  
tries them.

Publius Syrus

5 'Tis not alone in the sunshine;  
Our lives grow pure and true;  
There is growth as well in the shadow;  
And pain has a work to do.

6 Once open the door to trouble, and its visits are  
threefold; first, anticipation; second in actual  
presence; third in living it over again. Therefore  
never anticipate trouble, make as little of its  
presence as possible, forget it as soon as past.

7 Prosperity seems to be hardly safe, unless it  
be mixed with a little adversity.

8 It is not until we have passed through the  
furnace, that we are made to know how  
much dross we have in our composition.

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It has been well said that no man ever sank  
under the burden of the day. It is when tomor-  
row's burden is added to the burden of today, that  
the weight is more than a man can bear.

George MacDonald.

Sometimes just to have one's mood  
Comprehended is relief:

Simply to be understood

In one's sorrow, is a good

That avails to soften grief.

M. C. Bradley.

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## Gifts

1 Give what you have to some one it may be  
more than you dare to think

Longfellow

2 'Tis not what we give, but what we share  
The gift without the giver is bare.

J. R. Lowell.

## Loving Help

Rich gifts that Heaven delights to see

The poorest hands may hold,

The love that of its poverty

Gives kindly succor, prompt and free

Is worth its weight in gold.

One smite can glorify a day,

One word new hope impart;

The least disciple need not say

There are no alms to gift away

If love be in the heart.



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# Home.

1 Well saith the Christ, the wise, the great the good,  
 Who speak as but the gods elect can speak:  
 A kingdom that will war against itself  
 Can never stand; and from the home where <sup>strife</sup>  
 Reigns every day soon will the sacred fire  
 Scattered by furies, pass to cheerless death.

1  
 He is happiest be he King or peasant, who finds  
 peace in his home.

Goethe.

When home is ruled according to Gods word, angels  
 might be asked to stay a night with us, and they would  
 not find themselves out of their element.

C. H. Spurgeon.

There is no happiness in life, there is no misery, like  
 that growing out of the dispositions which consecrate  
 or desecrate a home.

Chapin

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We may build more splendid habitations fill our  
rooms with paintings and with sculptures but  
we cannot buy with gold the old associations  
Longfellow.

A house is no home unless it contains food  
and fire for the mind as well as for the body.  
For human beings are not so constituted that they  
can live without expansion. If they do not get it  
in one way they will in another or perish.

Margaret Fuller Ossoli

Home and heaven are not so far separated as we  
sometimes think. Nay they are not separated at all,  
for they are both in the same <sup>great</sup> building. Home is the  
lower story and is located down here on the ground  
floor; heaven is above stairs, in the second and third  
stories; and, as one after another the family is called  
to come up higher, that which seemed such a strange  
place, begins to wear a familiar aspect; and when  
at last not one is left below, the home is transferred  
to heaven, and heaven is home

Alexander Dickson

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## Happiness.

1 Happiness quite unshared can scarcely be called happiness; it has no taste.

Charlotte Brontë.

2 We do not know how cheap the seeds of happiness are, or we should scatter them oftener.

Loewell.

3 Happiness is increased not by the enlargement of the possessions, but of the heart.

Ruskin.

4 Talk happiness; the world is sad enough without your woes. No path is wholly rough.

Ella Wheeler Wilcox

5 Happiness abounds most with the lowly, there are more blossoms in the valley than on the hills.

Happiness is composed of so many pieces, that  
one is always missing.

There is no duty we so much underrate  
as the duty of being happy.

R. L. Stevenson

Gate used me meanly, and I looked at her and laughed  
That none may ever know how bitter was the cup I quaffed:  
Along came joy and paused beside me where I sat:  
Saying "I came to see what you were laughing at."

Ella Wheeler Wilcox

The art of being happy lies in the power of extracting  
happiness from common things.

Henry Ward Beecher.

A Rule for Happiness.

Something to do

Some one to love.

Something to hope for.

Kant-

Be cheerful. Give this lonesome world a smile.  
 We stay at longest but a little while.  
 Hasten we must; or we shall lose the chance  
 To give the gentle word, the kindly glance.  
 Be sweet-be tender- that is doing good;  
 'Tis doing what no other kind deed could.

We communicate happiness to others, not often  
 by great acts of devotion and self-sacrifice, but  
 by the absence of fault-finding and censure, by  
 being ready to sympathize with their notions  
 and feelings, instead of forcing them to  
 sympathize with ours.

James Freeman Clark

A laugh is worth a thousand groans in any  
 market.

Charles Lamb

Happiness does not come in boulders generally  
 but in pebbles, so I think we all ought to be  
 thankful when we receive such a pebble; and how  
 much more delightful to give one.

Gail Hamilton



The greatest pleasure I know of, is to do a good action by stealth, and to have it found out by accident.

Charles Lamb.

If you wish to know whether you are a Christian inquire of yourself, whether in and for the love of God, you seek to make happy those about you. Are you a comfortable person to live with? Are you pleasant to have about?

Gail Hamilton.

If I can live

To make some pale face brighter, and to give  
A second lustre to some tear-dimmed eye,  
Or e'en impart  
One throb of comfort to an aching heart,  
Or cheer some wayward soul in passing by,  
If I can lend  
A strong hand to the fallen or defend,  
The right against a single envious strain,  
My life tho' bare  
Perhaps of much that seemeth dear and fair,  
To us of earth, will not have been in vain.

The purest joy we can experience in one we love  
is to see that person a source of happiness to others.

It is a great thing to so cultivate the art of  
happiness, that we can get pleasure out of the  
common experiences of every day.

Orison Swett Marden.

The greatest happiness of the greatest number  
is the foundation of morals and of legislature.

Owen Bentham.

It is a great blunder in the pursuit of happiness  
not to know when we have it; not to be content  
with a reasonable and possible measure of it.

Samuel Johnson.

There is no <sup>such</sup> ~~one~~ thing as finding true happiness  
by searching for it directly. It must come by the  
service the love and the happiness we give to  
others.

Ralph Waldo Trine

The sunshine of life is made up of very little beams that are bright all the time. To give up something when giving up, will prevent unhappiness, to yield when persisting will chafe and fret others; to go a little around rather than come against another; to take an ill look or cross word quietly, rather than resent or return it, these are the ways in which clouds and storms, are kept off, and a pleasant and steady sunshine secured.

John Aiken.

Let it be our happiness this day to add to the happiness of those around us; to comfort some sorrow, to relieve some want, to add some strength to our neighbour's virtue.

William Ellery Channing.

Happiness is said to be the sovereign good of man, because it is the attainment or enjoyment of the sovereign good.

St. Thomas Aquinas

In the 13<sup>th</sup> century.



Happiness must be homemade, if it is ever made at all. No amount of wealth can enable any one to go into the world's markets and buy it.



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## Music

1 All ones life is music, if one touches the notes lightly and in time.

Jenny Lind

2 Music washes away from the soul the dust of everyday life.

Auerbach

3 The music that will farthest reach,  
And cure all ill, is cordial speech.

Emerson

The little rift within the lute  
That by and by will make the music mute  
And ever widening slowly silence all.

Tennyson

Our lives are songs; God writes the words,  
And we set them to music at pleasure;  
And the song grows glad, or sweet or sad,  
As we choose to fashion the measure.

We must write the music, whatever the song,  
Whatever its rhyme or meter;

And if it is sad we can make it glad

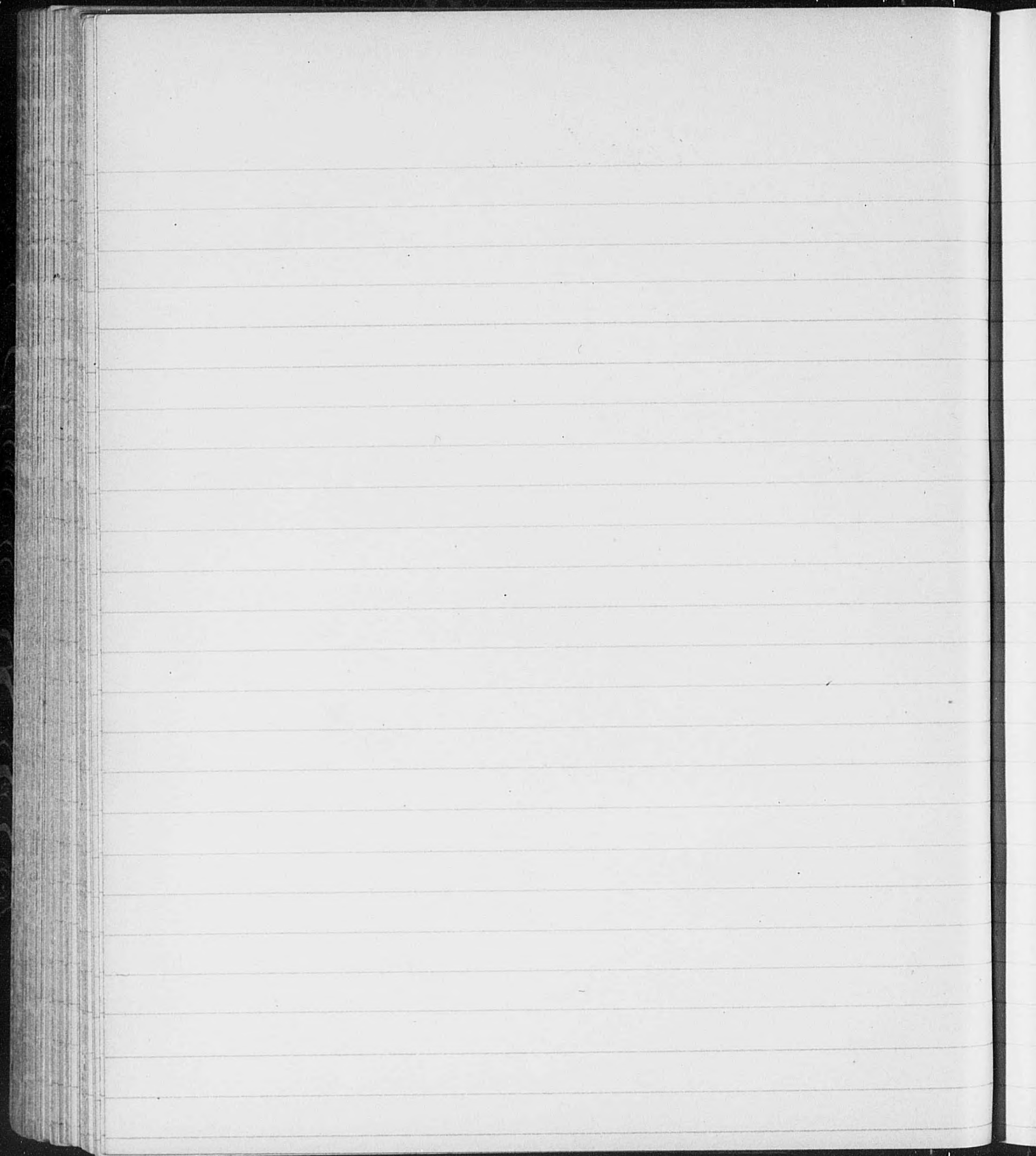
Or, if sweet, we can make it sweeter.

O may I join the choir invisible  
Of those immortal dead who live again.  
In minds made better by their presence  
May I reach

That purest heaven - be to other souls  
The cup of strength in some great agony,  
Enkindle generous ardor, feed pure love  
Beget the smiles that have no cruelty,  
Be the sweet presence of a good diffused,  
And in diffusion ever more intense!  
So shall I join the choir invisible  
Whose music is the gladness of the world.  
George Eliot.

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## Kindness.

1 Kindness is the golden chain by which  
society is bound together.

The look of sympathy, The gentle word  
Spoken so low that only angels heard,  
The secret act of pure self sacrifice  
Unseen by men but marked by angels eyes  
These are not lost.

Since trifles make the sum of human things  
And half our miseries from our foibles spring  
O let the ungentle spirit learn from hence -  
A small unkindness is a great offence.

So many gods so many creeds,  
So many ways that wind and wind,  
But still the art of being kind,  
Is all this great world needs.

Ellen Wheeler Wilcox.

Emerson's beautiful manner" says his friend  
Mr Charles Malloy "were the result of his seeing  
each man in his ideal self, and to that self,  
Mr Emerson addressed himself"

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## Crossing the Bar.

Sunset and evening star,  
 And one clear call to me!  
 And may there be no moaning of the bar,  
 When I put out to sea.

But such a tide as moving seems asleep,  
 Too full for sound and foam,  
 When that which drew from out the boundless deep,  
 Turns again home.

Twilight and evening bell,  
 And after that the dark,  
 And may there be no sadness of farewell,  
 When I embark.

For though from out our bourns of Time and Place  
 The flood may bear me far,  
 I hope to see my pilot face to face  
 When I have crossed the bar.

Tennyson.

God's finger touched him and he slept—  
 Tennyson.

It is infamy to die and not be missed  
Carlos Hilcox.

I heard that God had called your mother home  
 to heaven. It will seem more than ever like home  
 to you now.

Babcock.

That golden Key that opens the palace of Eternity  
Milton.

Gone before. To that unknown and silent shore.  
Charles Lamb.

There is no fireside howsoe'er defended, but  
 has one vacant chair.

Longfellow.

We understand death for the first time when  
 when he puts his hand upon one whom  
 we love.

Mme. de Staël.

Death has made his darkness beautiful with thee  
Tennyson.



Of no distemper, of no blast he died.  
 But fell like autumn fruit that mellowed long.  
Dryden

Good-bye proud world; I'm going home;  
 Thou art not my friend, and I'm not thine  
Emerson.

Death is the dropping of the flower that the  
 fruit may swell.  
Beecher.

There is no death! what seems so is transition  
Longfellow.

We sometimes congratulate ourselves at the mo-  
 ment of waking from a troubled dream. it  
 may be so the moment after death.  
Hawthorne.

Whatever stress some may lay upon it; a death-  
 bed repentance is but a weak and slender  
 plank to trust our all on.  
Steele.



Earth has one angel less, and heaven one more  
 Hawthorne

When I die I should be ashamed to leave  
 enough to build me a monument, if there  
 were a wanting friend above ground, I would  
 enjoy the pleasure of what I give, by giving it  
 alive and seeing another enjoy it:

Alexander Pope

Another glass hath run its round,  
 Another torch inverted stands  
 Another earthborn pulquin glides  
 Into the Silent Land.  
 A. J. Le.

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Life, its Work and Duties

Continued from page 166.

Duty neglected plants a thorn in the conscience  
which spoils the soul's quietness.

General Boothe

How knowest thou what argument  
Thy life to thy neighbor's creed has lent.

Emerson.

Life is not so short; but that there is always  
time enough for courtesy.

Emerson.

The hardest-duty bravely performed soon  
becomes a habit; and tends in due time  
to transform itself into a pleasure.

Holmes

It is easy in the world to live on the world's opinion.  
It is easy in solitude to live after our own; but the great-  
man is he who in the midst of the crowd, keeps with  
perfect-sweetness the independence of solitude;

Emerson.



There is no real failure in life except the failure  
to keep faith with our ideals.

Lillian Whiting.

The only true attitude toward life is to see each  
person in his higher possibilities and recognize  
the ideal in him.

Lillian Whiting.

Still with honest purpose toil we on,  
And if our steps be upward straight and true  
Far in the east a golden light shall dawn,  
And the bright smile of God come bursting thro'.

Will Carlton.

Adverse criticism is a deteriorating element  
in character. Nothing is more injurious to the  
spiritual quality of life, than to discern the  
worse rather than the better qualities of others.

We bring into life our possibilities, and we take  
out of it our character, with all their treasures  
of wisdom, affection, and experience

Rev. H. S. Wilkinson.