

Mother Lucy's Golden Rule
Says Mother Lucy.

- 1 Be industrious, be neat, be prudent and saving in all things. Spare no pains to do good to the Aged, and use no partiality to any one of any age. Remember to keep holy the Sabbath and upon this day get no extra bits or meals for any one, without leave of your Elders, and have no unnecessary cooking or providing for other days save in some extra case, and then by permission of the Eldresses and Deaconesses.
- 2 Have no cooking of flesh or fish from Saturday noon, till Monday morning. In case of extra meals fish may be prepared at any time save on the Sabbath.
- 3 Let there be no pounding of meat, or any noise of the kind, before the usual time of rising in the morning.

4 Spare no pains for ^{those} that go out from home, especially in cold weather. Always be neat and decent in putting up their victuals, and waste none that comes back to you, but O dont give them too many sorts at once.

5 Never throw in your slops any food that has in it any portion of wheat, sugar or molafes, if it can possibly be avoided. Never put the least crumb in the fire that can be eaten by any living creature.

6 Be prudent and saving of your soap. If by any means you waste or destroy any thing to the amount of an ounce or pint, you ought to confess it to those that have the charge of the kitchen, or to the Elders.

7 No one is to rise before the appointed time on account of their

work except to get early breakfast, and all should strive to get their work done by 7 o'clock in the evening, and be in their rooms if possibly consistant with their necessary duties.

8 In the afternoon the Sisters should go together in some room to save wood. Those that depend on attending to the brethren that are absent, should never leave the house over half an hour, without asking some one to assist if called upon by the brethren.

9 Always prepare your victuals neat and decent, and place it upon the table in like manner; and those that depend upon tending the tables, should at all times make it their first duty to go and look upon the tables, as soon as the people arise from their knees, and never all leave the table, till you are sure they are done eating.

10 Every Cook ought to feel a burden and care that the tables are

well treated. Be very careful how you intrude upon the prayers of the saints by loud talking or laughing, or by any unnecessary noise.

11 No idle talk, nor unnecessary work is to be going on between settings so as to hinder the cooks from performing their first duty which is to get ready the second setting.

12 No noisy business is to be done in the dining room, while the people are eating, at any time of day; and when a company are eating late meals there should be no idle words in their hearing from the cooks, and no talking to them. When they kneel, all in the room are to kneel, or leave the room.

13 Let the one that is appointed to get the extra meals for the brethren, attend strictly to it, and let the other cooks by no means be inviting the brethren, old or young to eat a bite here or there, but what they have let them ^{have} in

order; but always be kind and obliging to them at all times:

- 14 Never get your extra meals more extravagant than you can afford for the general meal at the table.
- 15 Cook no meat, and make no hot drink for those who do not use it at the table because they are out of season, unless they ask for it, or have been in some very tedious job or journey.
- 16 No one need feel obliged to wait for the brethren to eat, but get their meals ready and call them, and then leave the kitchen if the rest are absent and make no unnecessary errands to carry and so detain them when they are done. By no means use any partiality in your dealings with the brethren, but do justice by all.
- 17 No Cook is to be in the kitchen alone over 20 minutes at any time of day, but if your branch requires you to be there longer, have help or company,

but take not the opportunity to do your work when brethren are about, unless all have to be there in some extra job.

18. Let each cook prepare and manage their business so as to kneel with the rest ~~at the rest~~ at the breakfast table; and sit down at the table with them at their meal; and not think a few minutes earlier or later would be better. I say the right time will never come, so you must come to the right time.

19. When you sit at your meals by yourselves, you have no more liberty for laughing and talking than at any other meal, and if it is done it had ought to be confessed as a disorder; but if you are called away from your meals to attend to the brethren, or do some necessary errand or chore, then do your duty and return; if they are not done eating; but never let trifles hinder you from keeping this my golden rule.

20 No one cook should go into the orchards or gardens alone to get fruit & sauce. Have no business on hand when you are in the kitchen, that will in the least hinder you from your duties there; and no writing, reading, braiding or sewing, is to be done in the kitchen; but knitting is suitable work for what time you have in the forenoon, or afternoon, after four o'clock: for all should be regularly there at that time, unless on Saturday and Monday, their work does not require it, except some necessary duty keeps them away; if so they should inform some one of the cooks of it.

21 Never deal out any of your allowances to individuals, without leave of those that provide for you which is the reason for it.

22 Be very prudent and saving of your bread meal of every kind, and ever remember that all that is provided for the kitchen is reckoned to the

Kitchen, and the cost will be summed up for or against you according to your wise or unwise dealings. Remember the days that your ever blessed Mother Ann ate her meals of the crumbs that fell from the tables of those that had not where with to prepare a table equal to your meanest fare.

23 Be very prudent of all your working utensils; never put your earthen ware into very warm water, nor your pewter & tin on hot iron, and if any one breaks or melts a dish, they are to confess it to the Dearnefes.

24 Never put soap on your floors, but if they really need washing in suds, make it in a pail, and dissolve well your Soap.

25 The young Sisters, or those under twenty five ought to see that the floors, sinks & dish cupboard and shelves are kept neat and decent, day by day

26

27

28

29

30

and those older ought to feel it their indispensable duty to see that the cooking, together with the whole duties of the day, are performed according to this their Mother's Golden Rule.

26 Let ^{each} one see well to the branch they are entrusted with, & then assist where help is needed most, or in the branch that seems for the time being to be the hardest.

27 Now before I close I will just make mention of four points that I wish you to bear in mind daily.

28 First to assist in preparing the tables for the first setting when the alarm is given by the bell.

29 Second, to prepare for the second setting as neatly and as soon as possible.

30 Third to see that both tables are well tended at morning, noon and evening.

31 Fourth, to do up your work as soon as possible after supper and do it well.

This my word is to each faithful child of mine, and my unceasing love shall flow to every one that will obey a Kind Parents Words.

Beloved Brethren & Sisters.

The simplicity of the gospel will grow and flourish in every soul that is strictly obedient to practice the Golden Rule Do unto others as you would that they should do unto you.

If we make this our daily labor, when we desire a kindness we shall ask in the language of our Mother and say will you be so kind as to do me such, or such a favor, and those that have done what was desired, will return a welcome when thanked for the kindness bestowed.

Let us train ourselves to regard the feelings of others, and study how to accommodate them, instead of cultivating a selfish accommodation.

When we are sitting in our dwelling rooms, we should have self government enough to make ourselves agreeable to the company.

Do not sit in an awkward position, showing the feet about, or leaning on the bed, or against the wall, or putting our feet on the rounds of the chair.

When we walk, let us avoid scuffing and step light. When wood is needed bring our share, and do not forget to bring water; as all in their turn want to drink and wash.

After using the wash bowl or basin, make it clean for our companions to use. When we make a fire do not put the tongs in the ashes too far, and scatter the ashes all over the stove hearth.

or shake dirt from the wood around the floor, but be careful and think of the work it makes others to be indifferent about the use of things in our dwelling rooms.

Do not intrude on others by having dirty clothes in our clothes rooms, or leaving our shoes that have been worn to milking out of place.

Let us speak and act kind to all in the room, have our love universal, not partial; having one or two favored ones to associate with, and be cold and scornful to the rest. "This is a Party Spirit, off from christian ground," and leads to contention.

Our Conversations.

"As evil communication corrupts good manners," also out of the abundance

of the heart the mouth speaketh," does it not become us to have our words and expressions modest and chaste? do not play and make sport out of the vulgar to amuse ourselves or those we are with it serves to defile the sense;

Would it not be well for every one to think twice before speaking so that we may not offend in word?

Do not be carnally minded, turning almost every thing that is said, as food for the baser propensities, nor catch at a story or word that happens to be thoughtlessly told or spoken; to tell it over and spin out a long conversation and perhaps contention, by telling it to some one that was not present.

But if in our daily walk or evening circles, any thing is spoken or acted that centers to carnality, or impurity, to deceit, or slander, let us carry

it to the Altar; and if the one guilty of the wrong does not feel reprov'd, it is because there is too much of the same influence bearing rule and too little of the gospel testimony.

When this is the case, the person that has been conscientious enough to open the wrong is consider'd disagreeable, and called a tattler; especially if the Elders feel to admonish the wrong: this is a wicked spirit, and should be banished from the hearts of Mother's children forever.

It would be much better to watch our conversation, and sometimes give our sense to religious feelings, and the expression of religious sentiments or something to improve our minds and increase our spiritual understanding.

Do not talk too much on the subject of dress, it creates pride and

fills the mind with vanity; nor about beauty, till we properly understand what is beautiful.

We hire Men to work for us that are of the world, and our counsel is to keep a separation. Does not this imply that they are beneath our society? then is it not an evil and a great shame! to allow them a place in our conversation, our thoughts and actions, which will certainly be affected by the objects we cherish.

Our Union Meetings.

Do all support them and make them agreeable? do all feel that they have a duty to do in this meeting as well as all others to cherish the gift of this appointment. Our union is our strength; it comes by carefully gathering from every ~~from~~ every gift. Then let us prize these times of social gatherings

and strive to have them seasons of comfort and enjoyment. If any one is weary or fatigued by hard labor thro' the day, and becomes drowsy; let others of the company contribute something cheering and pleasant, that will serve to enliven the feelings of their weary Brother or Sister, and edify the company they are sitting with.

It is improper to laugh and whisper with the one by our side about something unknown to the rest, or to sit with the arms folded or hold up the chin, with one hand resting ~~on~~ the elbow on the arm half folded.

Avoid sitting with the feet on the rounds of the chair, or projecting out and crossing each other. It is considered very beneficial to devote a portion of our union time to singing.

Little Annoyances in Singing Meetings.

Slanging back when asked to pitch a song, laughing, whispering, hunching, watching the motions and gestures of others, beating too loudly with the feet, and neglecting to beat with the hands, tilting back the chair we sit in, and putting our feet on the rounds of the one before us or leaning on each other, are things which every cultivated person will avoid.

On Meeting for Worship

It is our privilege to enjoy a season of refreshment whenever we meet for divine worship; this ought to be esteemed above all other gatherings the most sacred.

We should not be satisfied until we can worship in union, with our

hands and feet, our hearts and voices. Let us, ^{learn to} labor in the square order, let us shuffle right, and motion our hands in the proper way, and march in a circular form as near as possible.

Let none be entirely mute, never manifesting by words their faith & zeal, such do but little to support the meeting, and are apt to express dissatisfaction, and complain of a dearth

All should avoid confusing the meeting, by neglecting to take hold and unite with the general gift. It looks improper to see those that are quite young leave their places to open windows or doors for the sake of more ventilation, regardless of the feelings of others.

It is very disagreeable to have any one keep moving their feet, and creaking their shoes in the time of speaking. If the senses are wholly absorbed in the worship we shall be able to control ourselves, so as not to obstruct the gift, or disturb our Brethren & Sisters.

Are going to Meals.

Let us not go in a scattered way, one at a time, talking and laughing.

When we kneel do not rest the hands on the table, chair, or bench but fold them. Do not gaze around when kneeling, but remember our duty to the giver of every blessing, which is God, and solemnly attend to the sacred order of kneeling to him.

When we are done eating do not sit and pick our teeth, or make a smacking noise with the tongue and lips to extract particles of food from them, but wait till we leave the dining room.

There are many more little things that might be mentioned, that are really annoyances in society, and mar our social happiness and comfort very much.